

Coaching Time Schedule

Sport: **Football**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015

Coaching Time Schedule

Sport: **Soccer**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015

Coaching Time Schedule

Sport: **Basketball**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015

Coaching Time Schedule

Sport: **Track**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015

Coaching Time Schedule

Sport: **Baseball**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015

Coaching Time Schedule

Sport: **Softball**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015

Coaching Time Schedule

Sport: **Tennis**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015

Coaching Time Schedule

Sport: **Cross Country**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015

Coaching Time Schedule

Sport: **Golf**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015

Coaching Time Schedule

Sport: **Volleyball**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015

Coaching Time Schedule

Sport: **Cheerleader Advisor**

Season lasts: **12 Weeks**

Maximum Time Expectation for Weeks without Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | | 12.5 |

Maximum Time Expectation for Weeks With Games:

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | TOTAL |
|-----------|--------|--------|---------|-----------|----------|--------|----------|-------|
| Hours/Day | | 2.5 | 2.5 | 2.5 | 2.5 | 5 | | 15 |

Board Approval Date: June 29, 2015