

# CALIFORNIA HEALTHY KIDS SURVEY



## Colusa Unified Elementary 2021-2022 Main Report

This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education School Health Office. For contract information, contact:

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# Contents

	Page
<b>List of Tables</b> . . . . .	<b>III</b>
<b>PREFACE</b> . . . . .	<b>VII</b>
<b>Survey Module Administration</b> . . . . .	<b>1</b>
<b>A. Core Module Results</b> . . . . .	<b>2</b>
1. Survey Sample . . . . .	2
2. Summary of Key Indicators . . . . .	3
3. Demographics . . . . .	5
4. Routines . . . . .	7
5. Learning from Home . . . . .	8
6. School Performance, Supports, and Engagements . . . . .	10
7. Supports for Learning at School . . . . .	20
8. Fairness, Rule Clarity, and Positive Student Behavior . . . . .	22
9. School Violence, Victimization, and Safety . . . . .	26
10. Home Supports and Involvement in Schooling . . . . .	30
11. Alcohol and Other Drug (AOD) Use . . . . .	32
12. Tobacco Use and Vaping . . . . .	33
13. Other Physical and Mental Health Risks . . . . .	34
14. Race/Ethnic Breakdowns . . . . .	35
15. Gender Breakdowns . . . . .	49
<b>B. District Afterschool Module (DASM)</b> . . . . .	<b>52</b>
1. Module Sample . . . . .	52
2. Afterschool Activity . . . . .	53
3. Afterschool Program . . . . .	54
<b>D. Mental Health Supports Module</b> . . . . .	<b>55</b>
1. Module Sample . . . . .	55
2. Perceptions of Depression . . . . .	56
3. Supports and Perceptions about Depression Help . . . . .	57
4. Professional Help-Seeking for Depression . . . . .	59
<b>G. Supplemental Health Module</b> . . . . .	<b>61</b>
1. Module Sample . . . . .	61
2. Physical Activity and Weight . . . . .	62

3. Injury-Related Behavior . . . . .	64
4. Asthma Symptoms . . . . .	65
5. Other Health Risks . . . . .	66
<b>H. Tobacco-Use Prevention Education Module . . . . .</b>	<b>67</b>
1. Module Sample . . . . .	67
2. Tobacco Use and Vaping . . . . .	68
3. Peer Smoking/Vaping Behavior and Attitudes . . . . .	69
4. Household Smoking and Vaping Rules . . . . .	71
5. Perceived Accessibility and Intention to Use . . . . .	72
6. Tobacco-Use Prevention Education Activities . . . . .	74
<b>Appendix . . . . .</b>	<b>75</b>

# List of Tables

	Page
<b>Survey Module Administration</b> . . . . .	<b>1</b>
1        CHKS Survey Modules Administered . . . . .	1
<b>A. Core Module Results</b> . . . . .	<b>2</b>
1. Survey Sample . . . . .	<b>2</b>
A1.1    Student Sample Characteristics . . . . .	2
A1.2    Number of Respondents by Instructional Model . . . . .	2
2. Summary of Key Indicators . . . . .	<b>3</b>
A2.1    Key Indicators of School Climate . . . . .	3
A2.2    Key Indicators of Substance Use, Routines, Remote Learning, and Student Well-Being . . . . .	4
3. Demographics . . . . .	<b>5</b>
A3.1    School Schedule, Past 30 Days . . . . .	5
A3.2    Gender of Sample . . . . .	5
A3.3    Race or Ethnicity . . . . .	6
A3.4    Number of Days Attending Afterschool Program . . . . .	6
4. Routines . . . . .	<b>7</b>
A4.1    Eating of Breakfast . . . . .	7
A4.2    Bedtime . . . . .	7
5. Learning from Home . . . . .	<b>8</b>
A5.1    Remote Learning Schedule and Instructional Time . . . . .	8
A5.2    Interesting Activities Provided for Student in Remote Learning . . . . .	9
6. School Performance, Supports, and Engagements . . . . .	<b>10</b>
A6.1    Perceived School Performance . . . . .	10
A6.2    Truancy, Past 30 Days . . . . .	10
A6.3    School Environment, School Connectedness, and Academic Motivation Scales . . . . .	11
A6.4    Caring Adults in School Scale Questions . . . . .	12
A6.5    High Expectations-Adults in School Scale Questions . . . . .	13
A6.6    Meaningful Participation at School Scale Questions . . . . .	14
A6.6    Meaningful Participation at School Scale Questions – Continued . . . . .	15
A6.7    School Connectedness Scale Questions . . . . .	16
A6.7    School Connectedness Scale Questions – Continued . . . . .	17
A6.8    Academic Motivation Questions . . . . .	18
A6.9    School Boredom . . . . .	19
A6.10   School Pride . . . . .	19
A6.11   Quality of School Physical Environment . . . . .	19
7. Supports for Learning at School . . . . .	<b>20</b>
A7.1    Social and Emotional Learning Supports Scale Questions . . . . .	20
A7.2    Teachers Checking on how Students are Feeling . . . . .	21

A7.3	Students at School Motivated to Learn . . . . .	21
8.	Fairness, Rule Clarity, and Positive Student Behavior . . . . .	<b>22</b>
A8.1	Fairness Scale Questions . . . . .	22
A8.2	Clarity of Rules . . . . .	23
A8.3	Positive Behavior Scale Questions . . . . .	24
A8.4	Students at School Well Behaved . . . . .	25
9.	School Violence, Victimization, and Safety . . . . .	<b>26</b>
A9.1	Perceived Safety at or Outside of School . . . . .	26
A9.2	Violence Victimization Scale Questions . . . . .	27
A9.3	Cyberbullying, Past 30 days . . . . .	28
A9.4	Been Teased About Body Image . . . . .	28
A9.5	Weapons (Gun or Knife) on School Property, Past Year . . . . .	28
A9.6	Anti-Bullying Climate Scale Questions . . . . .	29
10.	Home Supports and Involvement in Schooling . . . . .	<b>30</b>
A10.1	High Expectations-Adults at Home Scale Questions . . . . .	30
A10.2	Parent Involvement in Schooling Scale Questions . . . . .	31
11.	Alcohol and Other Drug (AOD) Use . . . . .	<b>32</b>
A11.1	Use of Alcohol or Other Drugs, Lifetime . . . . .	32
A11.2	Perception of Health Risk of Alcohol and Marijuana Use . . . . .	32
12.	Tobacco Use and Vaping . . . . .	<b>33</b>
A12.1	Cigarette Use and Vaping, Lifetime . . . . .	33
A12.2	Perception of Health Risk of Cigarette Use and Vaping . . . . .	33
13.	Other Physical and Mental Health Risks . . . . .	<b>34</b>
A13.1	Frequent Sadness . . . . .	34
A13.2	Wellness . . . . .	34
14.	Race/Ethnic Breakdowns . . . . .	<b>35</b>
A14.1	School Engagement and Supports by Race/Ethnicity . . . . .	35
A14.1	School Engagement and Supports by Race/Ethnicity – Continued . . . . .	36
A14.1	School Engagement and Supports by Race/Ethnicity – Continued . . . . .	37
A14.1	School Engagement and Supports by Race/Ethnicity – Continued . . . . .	38
A14.2	School Safety by Race/Ethnicity . . . . .	39
A14.2	School Safety by Race/Ethnicity – Continued . . . . .	40
A14.3	Cyberbullying by Race/Ethnicity . . . . .	41
A14.4	School Disciplinary Environment by Race/Ethnicity . . . . .	42
A14.4	School Disciplinary Environment by Race/Ethnicity – Continued . . . . .	43
A14.5	Substance Use by Race/Ethnicity . . . . .	44
A14.5	Substance Use by Race/Ethnicity – Continued . . . . .	45
A14.6	Routines by Race/Ethnicity . . . . .	46
A14.7	Learning from Home by Race/Ethnicity . . . . .	47
A14.8	Mental Health by Race/Ethnicity . . . . .	48
15.	Gender Breakdowns . . . . .	<b>49</b>

A15.1	Key Indicators of School Climate and Substance Use by Gender . . . . .	49
A15.1	Key Indicators of School Climate and Substance Use by Gender – Continued . . . . .	50
A15.2	Key Indicators of Routines, Remote Learning, and Mental Health by Gender . . . . .	51
<b>B.</b>	<b>District Afterschool Module . . . . .</b>	<b>52</b>
1.	Module Sample . . . . .	<b>52</b>
B1.1	Student Sample for District Afterschool Module . . . . .	52
2.	Afterschool Activity . . . . .	<b>53</b>
B2.1	Where Do You Go After School . . . . .	53
B2.2	What Do You Usually Do After School . . . . .	53
3.	Afterschool Program . . . . .	<b>54</b>
B3.1	About the Afterschool Program . . . . .	54
B3.2	How Many Days Do You Attend the Afterschool Program . . . . .	54
<b>D.</b>	<b>Mental Health Supports Module . . . . .</b>	<b>55</b>
1.	Module Sample . . . . .	<b>55</b>
D1.1	Student Sample for Mental Health Supports Module . . . . .	55
2.	Perceptions of Depression . . . . .	<b>56</b>
D2.1	Feeling Stressed or Lonely, Past Month . . . . .	56
3.	Supports and Perceptions about Depression Help . . . . .	<b>57</b>
D3.1	Knowledge of Supports for Depression . . . . .	57
D3.2	Personal Help-Seeking Attitudes . . . . .	57
D3.3	Positive Perceptions about Seeking Help for Depression . . . . .	58
D3.4	Attitudes Toward Seeking Help for Depression Among Peers . . . . .	58
4.	Professional Help-Seeking for Depression . . . . .	<b>59</b>
D4.1	Seeking Professional Help for Depression, Past Year . . . . .	59
D4.2	School Referral to a Counselor or an Adult Professional . . . . .	60
<b>G.</b>	<b>Supplemental Health Module . . . . .</b>	<b>61</b>
1.	Module Sample . . . . .	<b>61</b>
G1.1	Student Sample for Supplemental Health Module . . . . .	61
2.	Physical Activity and Weight . . . . .	<b>62</b>
G2.1	Frequency of Weekly Physical Activity . . . . .	62
G2.2	Hours Spent on TV or Video Games, Past 24 Hours . . . . .	62
G2.3	Perception of Weight . . . . .	63
G2.4	Attempt to Lose Weight . . . . .	63
3.	Injury-Related Behavior . . . . .	<b>64</b>
G3.1	Seat Belt Use . . . . .	64
G3.2	Bike Helmet Use . . . . .	64

4. Asthma Symptoms . . . . .	<b>65</b>
G4.1 Students with Asthma . . . . .	65
G4.2 Experience of Having Trouble Breathing . . . . .	65
5. Other Health Risks . . . . .	<b>66</b>
G5.1 Cyber Bullying . . . . .	66
G5.2 Perception of Safety Outside of School . . . . .	66
<b>H. Tobacco-Use Prevention Education Module . . . . .</b>	<b>67</b>
1. Module Sample . . . . .	<b>67</b>
H1.1 Student Sample for Tobacco-Use Prevention Education Module . . . . .	67
2. Tobacco Use and Vaping . . . . .	<b>68</b>
H2.1 Use of Cigarettes and Vape Products, Past 30 Days . . . . .	68
3. Peer Smoking/Vaping Behavior and Attitudes . . . . .	<b>69</b>
H3.1 Peer Smoking and Vaping Behavior . . . . .	69
H3.2 Peer Disapproval of Tobacco Use and Vaping . . . . .	70
4. Household Smoking and Vaping Rules . . . . .	<b>71</b>
H4.1 Rules About Cigarette Smoking and Vaping in the Home . . . . .	71
5. Perceived Accessibility and Intention to Use . . . . .	<b>72</b>
H5.1 Perceived Difficulty of Obtaining Cigarettes and Vape Products . . . . .	72
H5.2 Intentions to Smoke and Vape . . . . .	73
6. Tobacco-Use Prevention Education Activities . . . . .	<b>74</b>
H6.1 Dangers of Smoking and Vaping Discussed . . . . .	74
<b>Appendix . . . . .</b>	<b>75</b>

# PREFACE

## HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2021-22 *California Healthy Kids Survey* (CHKS) for schools within this school district. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education’s *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. The Appendix lists the schools that administered the survey in the district and their response rates.

These surveys grew out of the California Department of Education’s (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website ([calschls.org](https://calschls.org)), including *Helpful Resources for Local Control and Accountability Plans* ([calschls.org/docs/lcap\\_cal\\_schls.pdf](https://calschls.org/docs/lcap_cal_schls.pdf)). The California Safe and Supportive Schools website ([ca-safe-supportive-schools.wested.org](https://ca-safe-supportive-schools.wested.org)) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Regional Centers offer data workshops and coaching to help identify local needs and develop action plans to meet those needs.

## THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM), that districts can elect to administer. Districts may also add their own

questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

### **Core Module**

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

**What's New?** Although most school buildings have re-opened in 2021-22 for in-person instruction in California, the CHKS still contains skip logic to direct students to some questions relevant to remote instruction for students participating in school remotely via the California's Independent Study option. The new content assessed by the Core Module includes:

- a new question asking about race/ethnicity and
- the addition of questions about school connectedness, meaningful participation, harassment, and bullying for respondents learning remotely.

To reduce survey burden, items assessing self-efficacy, problem solving, and peer supports have been moved back to the Social Emotional Health Module (SEHM).

### **Social Emotional Health Module (Supplementary)**

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 41 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs, including questions assessing emotional difficulties and life satisfaction.

## **SURVEY ADMINISTRATION AND SAMPLE**

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

- Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- The Appendix lists all the elementary schools in the district that were eligible to participate in the survey and the percentage of students enrolled in each of them that completed the survey.

## THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.

### Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

## ONLINE DATA DASHBOARDS

**Public Dashboard.** Anyone can examine online key state and district CHKS results on the public CalSCHLS Data Dashboard ([calschls.org/reports-data/public-dashboards](https://calschls.org/reports-data/public-dashboards)). The dashboard can be used to graphically display statewide, county, and district key indicators from the Core Module, trends over time, and differences in survey outcomes by gender and afterschool program participation. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

**The District Dashboard Option.** Districts may now also purchase a two-year subscription to a password protected, private data dashboard that displays up to eight years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, and afterschool participation; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

## UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

## Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

## Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

## RESOURCES

[CalSCHLS.org](http://CalSCHLS.org) contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level ([calschls.org/resources/factsheets](http://calschls.org/resources/factsheets)).
- *Assessing School Climate* describes the value of the CalSCHLS student, staff, and parent surveys for assessing school climate, listing constructs and individual indicators ([data.calschls.org/resources/Cal-SCHLS\\_AssessingClimate2013-14.pdf](http://data.calschls.org/resources/Cal-SCHLS_AssessingClimate2013-14.pdf)).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate ([data.calschls.org/resources/S3\\_schoolclimateguidebook\\_final.pdf](http://data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf)).
- *Using CalSCHLS to Assess Social-Emotional Learning and Health* describes how the CHKS Core and SEHM module provide a comprehensive profile of student social-emotional competency (learning) and health, and the related supports schools provide, including questions aligned with the framework developed by the Collaborative for Academic, Social, and Emotional Learning (CASEL) ([data.calschls.org/resources/CalSCHLS\\_AssessSELH.pdf](http://data.calschls.org/resources/CalSCHLS_AssessSELH.pdf)). The staff survey provides data on the perception of adults in the school on social-emotional service needs and provision.
- *Helpful Resources for Local Control and Accountability Plans* describes how survey items align with LCAP priorities and indicators ([calschls.org/docs/lcap\\_cal\\_schls.pdf](http://calschls.org/docs/lcap_cal_schls.pdf)). Also available is an LCAP-related PowerPoint presentation ([calschls.org/site/assets/files/1036/cal-schls-lcap\\_schoolclimatev6-1.pptx](http://calschls.org/site/assets/files/1036/cal-schls-lcap_schoolclimatev6-1.pptx)).
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on [calschls.org/resources](http://calschls.org/resources).
- CDE's **California Safe and Supportive Schools** website ([ca-safe-supportive-schools.wested.org](http://ca-safe-supportive-schools.wested.org)) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.

- The **CalSCHLS Item Crosswalk** ([calschls.org/docs/calschls-crosswalk.pdf](https://calschls.org/docs/calschls-crosswalk.pdf)) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

## NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS Regional Centers. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

### Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center 888.841.7536 or email [calschls@wested.org](mailto:calschls@wested.org).

### Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys.** If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk ([calschls.org/docs/calschls-crosswalk.pdf](https://calschls.org/docs/calschls-crosswalk.pdf)) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- **Secondary CHKS Results.** Examine how the results for 5<sup>th</sup> graders compare with those for 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- **Other Data.** Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

- **Similar District and Statewide Results.** The aggregated results from the 2017-2019 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website ([calschls.org/docs/statewide\\_1719\\_elem\\_chks.pdf](https://calschls.org/docs/statewide_1719_elem_chks.pdf)) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison ([calschls.org/reports-data/search-lea-reports](https://calschls.org/reports-data/search-lea-reports)). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

## **Data Workshop**

To assist in your review of the survey results, you can request your CalSCHLS Regional Center to conduct a structured, customized Data Workshop. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center (888.841.7536) or email [calschls@wested.org](mailto:calschls@wested.org).

## **Request Additional Reports and Data**

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available through the CalSCHLS Regional Centers to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

## **School Reports and School Climate Report Cards**

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school. Two types of reports are available:

- A full report with all the survey results
- A short, user-friendly, graphic **School Climate Report Card** that provides results across key indicators of school climate and provides two-year state averages on those indicators ([calschls.org/reports-data](https://calschls.org/reports-data))

## **District School Climate Report Card**

For districts that survey all their schools, a district-level School Climate Report Card can be requested. This is a powerful, useful tool for guiding efforts to meet the school climate and pupil engagement priorities for the Local Control and Accountability Plan.

## **Disaggregated Reports**

The staff of the CalSCHLS Regional Centers can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

## **Additional Analysis of Data**

The complete dataset is available electronically for additional analysis ([calschls.org/reports-data](https://calschls.org/reports-data)). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by

different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

### **Add Questions to Your Next Surveys**

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (888.841.7536) or email [calschls@wested.org](mailto:calschls@wested.org).

**Exhibit 1*****Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools***

	Student Core	Student Social Emotional Health	Staff Survey	Parent Survey
<b>Student Learning Engagement</b>				
Academic mindset		✓		
Academic motivation	✓		✓	✓
Academic performance	✓			
Attendance	✓		✓	
School connectedness	✓			
<b>Student Social-Emotional and Physical Well-being</b>				
Alcohol, tobacco, and drug use	✓		✓	✓
Bedtime	✓			
Collaboration		✓		
Empathy		✓		
Gratitude		✓		
Life satisfaction		✓		
Optimism		✓		
Perceived safety	✓		✓	✓
Persistence		✓		
Problem solving		✓		
Self-efficacy		✓		
Social-emotional competencies and health		✓	✓	
Social-emotional distress		✓		
Violence and victimization (bullying)	✓		✓	✓
Zest		✓		
<b>School Climate Conditions</b>				
Academic rigor and norms			✓	✓
High expectations	✓		✓	✓
Meaningful participation and decision-making	✓		✓	✓
Parent involvement	✓		✓	✓
Physical environment			✓	✓
Relationships among staff			✓	
Relationships among students		✓	✓	✓
Relationships between students and staff	✓		✓	✓
Respect for diversity and cultural sensitivity			✓	✓
Teacher and other supports for learning	✓		✓	✓
<b>School Climate Improvement Practices</b>				
Bullying prevention	✓		✓	✓
Discipline and order (policies, enforcement)	✓		✓	✓
Services and policies to address student needs			✓	
Social-emotional/behavioral supports	✓		✓	✓
Staff supports			✓	

## **ACKNOWLEDGMENTS**

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# Survey Module Administration

**Table 1**

***CHKS Survey Modules Administered***

Survey Module	Administered
A. Core (Required)	X
B. District Afterschool Module (DASM)	X
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	X
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	
G. Supplemental Health Module	X
H. Tobacco-Use Prevention Education (TUPE) Module	X
Z. Custom Questions	

# Core Module Results

## 1. Survey Sample

**Table A1.1**

***Student Sample Characteristics***

	Grade 3	Grade 4	Grade 5	Grade 6
<b><i>Student Sample Size</i></b>				
Target sample	109	–	114	–
Final number	79	–	61	–
<b>Response Rate</b>	72%	–	54%	–

**Table A1.2**

***Number of Respondents by Instructional Model***

	Grade 3	Grade 4	Grade 5	Grade 6
In-school learning only	78	–	60	–
Remote learning only	1	–	1	–

## 2. Summary of Key Indicators

**Table A2.1**

**Key Indicators of School Climate**

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %	Table
<b>School Engagement and Supports</b>					
School connectedness <sup>†#</sup> ( <i>In-School Only</i> )	74	—	54	—	A6.3
School connectedness <sup>†ψ</sup> ( <i>Remote Only</i> )		—		—	A6.3
Academic motivation <sup>†</sup>	86	—	74	—	A6.3
School boredom <sup>†</sup>	48	—	52	—	A6.9
Caring adults in school <sup>†</sup>	67	—	56	—	A6.3
High expectations-adults in school <sup>†</sup>	82	—	77	—	A6.3
Meaningful participation <sup>†</sup>	42	—	36	—	A6.3
Facilities upkeep <sup>†Φ</sup>	68	—	75	—	A6.11
Parent involvement in schooling <sup>†</sup>	68	—	66	—	A10.2
Social and emotional learning supports <sup>†</sup>	78	—	70	—	A7.1
Anti-bullying climate <sup>†</sup>	85	—	65	—	A9.6
<b>School Safety and Cyberbullying</b>					
Feel safe at school <sup>†Φ</sup>	72	—	60	—	A9.1
Feel safe on way to and from school <sup>†Φ</sup>	84	—	69	—	A9.1
Been hit or pushed <sup>Φ</sup>	44	—	42	—	A9.2
Mean rumors spread about you	49	—	28	—	A9.2
Called bad names or target of mean jokes	51	—	35	—	A9.2
Saw a weapon at school <sup>§Φ</sup>	18	—	10	—	A9.5
Cyberbullying <sup>¶</sup>	22	—	21	—	A9.3
<b>School Disciplinary Environment</b>					
Rule clarity <sup>†</sup>	77	—	70	—	A8.2
Students well behaved <sup>†</sup>	30	—	45	—	A8.4
Students treated fairly when break rules <sup>†</sup>	45	—	58	—	A8.1
Students treated with respect <sup>†</sup>	83	—	70	—	A8.1

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

<sup>#</sup> The scale was based on five survey questions for in-school respondents.

<sup>ψ</sup> The scale was based on four questions for remote respondents.

<sup>Φ</sup> In-school only.

<sup>§</sup> Past year.

<sup>¶</sup> Past 30 days.

**Table A2.2****Key Indicators of Substance Use, Routines, Remote Learning, and Student Well-Being**

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %	Table
<b>Substance Use</b>					
Alcohol or drug use <sup>ϕ</sup>		—	20	—	A11.1
Marijuana use <sup>ϕ</sup>		—	4	—	A11.1
Cigarette use <sup>ϕ</sup>		—	4	—	A12.1
Vaping <sup>ϕ</sup>		—	4	—	A12.1
<b>Routines</b>					
Eating of breakfast <sup>‡</sup>	78	—	59	—	A4.1
Late bedtime (at 10 pm or later)	23	—	26	—	A4.2
<b>Learning from Home</b>					
Weekdays worked on schoolwork (5 days) <sup>¶δ</sup>		—		—	A5.1
Synchronous instruction (4 days or more) <sup>¶δ</sup>		—		—	A5.1
Meaningful opportunities <sup>†δ</sup>		—		—	A5.2
<b>Mental Health</b>					
Frequent sadness <sup>†</sup>	17	—	27	—	A13.1
Wellness <sup>†</sup>	83	—	54	—	A13.2

Notes: Cells are empty if there are less than 10 respondents.

<sup>ϕ</sup>Lifetime.

<sup>‡</sup>This morning.

<sup>¶</sup>Past 7 days.

<sup>¶</sup>Past 30 days.

<sup>δ</sup>Remote only.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

### 3. Demographics

**Table A3.1**

***School Schedule, Past 30 Days***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
In-School Model	99	–	98	–
Remote Learning Model	1	–	2	–

*Question ES A.1: Which of the following best describes your school schedule during the past 30 days?*

*Notes: Cells are empty if there are less than 10 respondents.*

*In-School Model - Respondents selecting “I went to school in person at my school building for the entire day, Monday through Friday.”*

*Remote Learning Model - Respondents selecting “I participated in school from home for the entire day on most or all weekdays and did not go to school in person.”*

**Table A3.2**

***Gender of Sample***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Female	47	–	55	–
Male	53	–	45	–

*Question ES A.2: Are you female or male?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.3*****Race or Ethnicity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
American Indian or Alaska Native, non-Hispanic	3	—	3	—
Asian or Asian American, non-Hispanic	0	—	2	—
Black or African American, non-Hispanic	1	—	2	—
Hispanic or Latinx	38	—	64	—
Native Hawaiian or Pacific Islander, non-Hispanic	0	—	0	—
White, non-Hispanic	32	—	15	—
Multiracial, non-Hispanic	12	—	2	—
Something else, non-Hispanic	14	—	12	—

*Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.4*****Number of Days Attending Afterschool Program (In-School Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
0 days	62	—	64	—
1 day	0	—	0	—
2 days	1	—	0	—
3 days	1	—	2	—
4 days	1	—	0	—
5 days	34	—	34	—

*Question ES A.6: How many days a week do you usually go to your school's afterschool program?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Routines

**Table A4.1**

***Eating of Breakfast***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No	22	—	41	—
Yes	78	—	59	—

*Question ES A.5: Did you eat breakfast this morning?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A4.2**

***Bedtime***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Before 9:00 pm	51	—	22	—
Between 9:00 pm and 10:00 pm	26	—	52	—
Between 10:00 pm and 11:00 pm	9	—	17	—
Between 11:00 pm and midnight	8	—	9	—
After 12:00 am	5	—	0	—
<b><i>Late bedtime (at 10 pm or later)</i></b>	23	—	26	—

*Question ES A.7: What time did you go to bed last night?*

*Note: Cells are empty if there are less than 10 respondents.*

## 5. Learning from Home

**Table A5.1**

***Remote Learning Schedule and Instructional Time (Remote Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Time spent on learning and/or completing schoolwork from home on the average weekday</b>				
Less than 1 hour		—		—
Between 1 and 2 hours		—		—
Between 2 and 3 hours		—		—
Between 3 and 4 hours		—		—
Between 4 and 5 hours		—		—
More than 5 hours		—		—
<b>Number of days in the past week participating in an online class from home where your teacher talked to students</b>				
0 days		—		—
1 day		—		—
2 days		—		—
3 days		—		—
4 days		—		—
5 days		—		—
<b>Number of weekdays participating in school from home for the entire school day</b>				
0 days		—		—
1 day		—		—
2 days		—		—
3 days		—		—
4 days		—		—
5 days		—		—

*Question ES A.11, 13, 14: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A5.2*****Interesting Activities Provided for Student in Remote Learning (Remote Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never		—		—
Yes, some of the time		—		—
Yes, most of the time		—		—
Yes, all of the time		—		—

*Question ES A.17: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?*

*Note: Cells are empty if there are less than 10 respondents.*

## 6. School Performance, Supports, and Engagements

**Table A6.1**

***Perceived School Performance***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
One of the best students	31	–	19	–
Better than most students	16	–	24	–
About the same as others	38	–	35	–
Don't do as well as most others	16	–	22	–

*Question ES A.41: How well do you do in your schoolwork?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.2**

***Truancy, Past 30 Days***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
I did not miss any days of school in the past 30 days	41	–	36	–
1 day	23	–	25	–
2 days	11	–	15	–
3 or more days	25	–	24	–

*Question ES A.8, 15: In the past 30 days, how often did you miss an entire day of school for any reason? [In-school only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.3*****School Environment, School Connectedness, and Academic Motivation Scales***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %	Table
Total school supports	64	—	56	—	
Caring adults in school	67	—	56	—	A6.4
High expectations-adults in school	82	—	77	—	A6.5
Meaningful participation at school	42	—	36	—	A6.6
School connectedness <sup>#</sup> <i>(In-School Only)</i>	74	—	54	—	A6.7
School connectedness <sup>ψ</sup> <i>(Remote Only)</i>		—		—	A6.7
Academic motivation	86	—	74	—	A6.8

*Notes: Cells are empty if there are less than 10 respondents.*

*Table numbers refer to tables with item-level results for the survey questions that comprise each scale.*

*Scales are based on average of students reporting “Yes, most of the time” or “Yes, all of the time.”*

<sup>#</sup>*The scale was based on five survey questions for in-school respondents.*

<sup>ψ</sup>*The scale was based on four questions for remote respondents.*

**Table A6.4*****Caring Adults in School Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Caring adults in school</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	67	–	56	–
<b><i>Do the teachers and other grown-ups at school... care about you?</i></b>				
No, never	6	–	5	–
Yes, some of the time	20	–	37	–
Yes, most of the time	20	–	21	–
Yes, all of the time	54	–	37	–
<b><i>listen when you have something to say?</i></b>				
No, never	8	–	6	–
Yes, some of the time	24	–	31	–
Yes, most of the time	19	–	37	–
Yes, all of the time	49	–	26	–
<b><i>make an effort to get to know you?</i></b>				
No, never	9	–	15	–
Yes, some of the time	33	–	37	–
Yes, most of the time	22	–	31	–
Yes, all of the time	36	–	17	–

*Question ES A.32, 42, 46: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.5*****High Expectations-Adults in School Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>High expectations-adults in school</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	82	–	77	–
<b><i>Do the teachers and other grown-ups at school... tell you when you do a good job?</i></b>				
No, never	6	–	2	–
Yes, some of the time	20	–	33	–
Yes, most of the time	26	–	14	–
Yes, all of the time	48	–	51	–
<b><i>believe that you can do a good job?</i></b>				
No, never	5	–	2	–
Yes, some of the time	15	–	24	–
Yes, most of the time	22	–	19	–
Yes, all of the time	58	–	56	–
<b><i>want you to do your best?</i></b>				
No, never	5	–	0	–
Yes, some of the time	5	–	6	–
Yes, most of the time	11	–	15	–
Yes, all of the time	80	–	79	–

*Question ES A.33, 43, 47: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.6*****Meaningful Participation at School Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Meaningful participation at school</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	42	—	36	—
<b>Are you given a chance to help decide school activities or rules?</b>				
No, never	42	—	46	—
Yes, some of the time	34	—	33	—
Yes, most of the time	9	—	7	—
Yes, all of the time	14	—	14	—
<b>Do the teachers and other grown-ups at school ask you about your ideas?</b>				
No, never	26	—	27	—
Yes, some of the time	41	—	38	—
Yes, most of the time	29	—	20	—
Yes, all of the time	5	—	16	—
<b>Do the teachers and other grown-ups give you a chance to solve school problems?</b>				
No, never	12	—	13	—
Yes, some of the time	35	—	31	—
Yes, most of the time	32	—	29	—
Yes, all of the time	20	—	27	—
<b>Do you get to do interesting activities at/when you participate in school?</b>				
No, never	5	—	13	—
Yes, some of the time	33	—	41	—
Yes, most of the time	27	—	27	—
Yes, all of the time	36	—	20	—

*Question ES A.30, 31, 34-37: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.6*****Meaningful Participation at School Scale Questions – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Are you given a chance to help decide class activities or rules?</b>				
No, never	41	–	43	–
Yes, some of the time	35	–	36	–
Yes, most of the time	14	–	13	–
Yes, all of the time	11	–	9	–
<b>Do your teachers ask you what you want to learn about?</b>				
No, never	50	–	57	–
Yes, some of the time	27	–	26	–
Yes, most of the time	17	–	6	–
Yes, all of the time	6	–	11	–
<b>Do you do things to be helpful at school?</b>				
No, never	6	–	8	–
Yes, some of the time	23	–	36	–
Yes, most of the time	44	–	28	–
Yes, all of the time	27	–	28	–

*Question ES A.38-40, 44, 45: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.7*****School Connectedness Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>School connectedness<sup>#</sup> (<i>In-School Only</i>)</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	74	—	54	—
<b>School connectedness<sup>ψ</sup> (<i>Remote Only</i>)</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>		—		—
<b>Do you feel close to people at/from this school?</b>				
No, never	17	—	7	—
Yes, some of the time	26	—	60	—
Yes, most of the time	19	—	25	—
Yes, all of the time	39	—	9	—
<b>Are you happy to be at/with this school?</b>				
No, never	6	—	7	—
Yes, some of the time	14	—	39	—
Yes, most of the time	21	—	32	—
Yes, all of the time	59	—	23	—
<b>Do you feel like you are part of this school?</b>				
No, never	6	—	9	—
Yes, some of the time	13	—	33	—
Yes, most of the time	24	—	28	—
Yes, all of the time	58	—	30	—
<b>Do teachers treat students fairly?</b>				
No, never	5	—	4	—
Yes, some of the time	14	—	30	—
Yes, most of the time	21	—	19	—
Yes, all of the time	61	—	47	—

*Question ES A.18-22, 26, 27: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]*

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>#</sup>*The scale was based on five survey questions for in-school respondents.*

<sup>ψ</sup>*The scale was based on four questions for remote respondents.*

**Table A6.7*****School Connectedness Scale Questions – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Do you feel safe at school? <i>(In-School Only)</i></b>				
No, never	2	–	12	–
Yes, some of the time	26	–	29	–
Yes, most of the time	20	–	25	–
Yes, all of the time	52	–	35	–

*Question ES A.79: Do you feel safe at school? [In-school only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.8**  
**Academic Motivation Questions**

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Academic motivation</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	86	—	74	—
<b>Do you finish all your school assignments?</b>				
No, never	2	—	4	—
Yes, some of the time	16	—	11	—
Yes, most of the time	26	—	37	—
Yes, all of the time	56	—	48	—
<b>When you get a bad grade, do you try even harder the next time?</b>				
No, never	4	—	7	—
Yes, some of the time	6	—	15	—
Yes, most of the time	20	—	20	—
Yes, all of the time	70	—	57	—
<b>Do you keep working and working on your schoolwork until you get it right?</b>				
No, never	6	—	7	—
Yes, some of the time	8	—	28	—
Yes, most of the time	29	—	31	—
Yes, all of the time	57	—	33	—
<b>Do you keep doing your schoolwork even when it’s really hard for you?</b>				
No, never	8	—	7	—
Yes, some of the time	6	—	26	—
Yes, most of the time	24	—	24	—
Yes, all of the time	63	—	43	—

*Question ES A.63-66: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it’s really hard for you?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.9*****School Boredom***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	20	–	7	–
Yes, some of the time	31	–	41	–
Yes, most of the time	17	–	22	–
Yes, all of the time	31	–	30	–

*Question ES A.16, 62: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.10*****School Pride***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Do you feel proud to belong to your school?</b>				
No, never	1	–	4	–
Yes, some of the time	24	–	30	–
Yes, most of the time	12	–	25	–
Yes, all of the time	63	–	42	–

*Question ES A.23: Do you feel proud to belong to your school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.11*****Quality of School Physical Environment (In-School Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Is your school building neat and clean?</b>				
No, never	4	–	7	–
Yes, some of the time	28	–	18	–
Yes, most of the time	47	–	45	–
Yes, all of the time	21	–	30	–

*Question ES A.28: Is your school building neat and clean?*

*Note: Cells are empty if there are less than 10 respondents.*

## 7. Supports for Learning at School

**Table A7.1**

***Social and Emotional Learning Supports Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Social and emotional learning supports</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	78	—	70	—
<b><i>Does your school...</i></b>				
<b>help students resolve conflicts with one another?</b>				
No, never	5	—	4	—
Yes, some of the time	22	—	26	—
Yes, most of the time	33	—	43	—
Yes, all of the time	40	—	28	—
<b>teach students to understand how other students think and feel?</b>				
No, never	5	—	13	—
Yes, some of the time	23	—	35	—
Yes, most of the time	32	—	20	—
Yes, all of the time	40	—	31	—
<b>teach students to feel responsible for how they act?</b>				
No, never	3	—	4	—
Yes, some of the time	15	—	19	—
Yes, most of the time	34	—	30	—
Yes, all of the time	48	—	47	—
<b>teach students to care about each other and treat each other with respect?</b>				
No, never	5	—	0	—
Yes, some of the time	11	—	19	—
Yes, most of the time	23	—	43	—
Yes, all of the time	61	—	39	—

*Question ES A.54-57: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.2*****Teachers Checking on how Students are Feeling***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	9	–	21	–
Yes, some of the time	23	–	39	–
Yes, most of the time	28	–	12	–
Yes, all of the time	40	–	28	–

*Question ES A.29: Do the teachers and other grown-ups from your school check on how you are feeling?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.3*****Students at School Motivated to Learn***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	3	–	7	–
Yes, some of the time	22	–	59	–
Yes, most of the time	40	–	20	–
Yes, all of the time	35	–	14	–

*Question ES A.24, 25: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

## 8. Fairness, Rule Clarity, and Positive Student Behavior

**Table A8.1**

***Fairness Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Fairness</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	70	—	61	—
<b>Do teachers treat students fairly?</b>				
No, never	5	—	4	—
Yes, some of the time	14	—	30	—
Yes, most of the time	21	—	19	—
Yes, all of the time	61	—	47	—
<b>Are the school rules fair?</b>				
No, never	9	—	6	—
Yes, some of the time	20	—	42	—
Yes, most of the time	32	—	30	—
Yes, all of the time	38	—	23	—
<b>Do teachers and other grown-ups at school treat students with respect?</b>				
No, never	8	—	0	—
Yes, some of the time	9	—	30	—
Yes, most of the time	25	—	28	—
Yes, all of the time	58	—	42	—
<b>Are students treated fairly when they break school rules?</b>				
No, never	28	—	13	—
Yes, some of the time	27	—	29	—
Yes, most of the time	16	—	29	—
Yes, all of the time	30	—	29	—

*Question ES A.26, 27, 48-50: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.2*****Clarity of Rules***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Do students know what the rules are?</b>				
No, never	2	—	4	—
Yes, some of the time	22	—	26	—
Yes, most of the time	33	—	40	—
Yes, all of the time	44	—	30	—

*Question ES A.53: Do students know what the rules are?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.3*****Positive Behavior Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Positive behavior<sup>^</sup> (<i>In-School Only</i>)</b>				
Average reporting “Yes, most of the time” or “Yes, all of the time”	87	—	85	—
<b>Positive behavior<sup>^</sup> (<i>Remote Only</i>)</b>				
Average reporting “Yes, most of the time” or “Yes, all of the time”		—		—
<b>Do you follow the classroom rules?</b>				
No, never	4	—	0	—
Yes, some of the time	6	—	11	—
Yes, most of the time	26	—	32	—
Yes, all of the time	64	—	57	—
<b>Do you follow the playground rules at recess and lunch times? (<i>In-School Only</i>)</b>				
No, never	2	—	0	—
Yes, some of the time	16	—	13	—
Yes, most of the time	29	—	31	—
Yes, all of the time	53	—	56	—
<b>Do you listen when your teacher is talking?</b>				
No, never	2	—	2	—
Yes, some of the time	10	—	19	—
Yes, most of the time	33	—	36	—
Yes, all of the time	55	—	43	—
<b>Are you nice to other students?</b>				
No, never	4	—	0	—
Yes, some of the time	8	—	13	—
Yes, most of the time	18	—	28	—
Yes, all of the time	71	—	58	—

*Question ES A.67-70: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times?... Do you listen when your teacher is talking?... Are you nice to other students?*

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>^</sup>The scale was based on four survey questions for in-school respondents.

<sup>^</sup>The scale was based on three questions for remote respondents.

**Table A8.4*****Students at School Well Behaved***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	5	–	6	–
Yes, some of the time	66	–	49	–
Yes, most of the time	22	–	42	–
Yes, all of the time	8	–	4	–

*Question ES A.51, 52: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

## 9. School Violence, Victimization, and Safety

**Table A9.1**

*Perceived Safety at or Outside of School (In-School Only)*

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Do you feel safe at school?</b>				
No, never	2	—	12	—
Yes, some of the time	26	—	29	—
Yes, most of the time	20	—	25	—
Yes, all of the time	52	—	35	—
<b>Do you feel safe on your way to and from school?</b>				
No, never	4	—	6	—
Yes, some of the time	12	—	25	—
Yes, most of the time	24	—	17	—
Yes, all of the time	59	—	52	—

*Question ES A.79, 80: Do you feel safe at school?... Do you feel safe on your way to and from school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.2****Violence Victimization Scale Questions (In-School Only)**

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Violence victimization</b>				
<i>Average reporting “Yes”</i>	47	–	36	–
<b>Do other kids hit or push you at school when they are not just playing around? (In-School Only)</b>				
No, never	56	–	58	–
Yes, some of the time	26	–	31	–
Yes, most of the time	12	–	6	–
Yes, all of the time	6	–	6	–
<b>Do other kids at/from school spread mean rumors or lies about you?</b>				
No, never	51	–	72	–
Yes, some of the time	31	–	17	–
Yes, most of the time	12	–	6	–
Yes, all of the time	6	–	6	–
<b>Do other kids at/from school call you bad names or make mean jokes about you?</b>				
No, never	49	–	65	–
Yes, some of the time	35	–	17	–
Yes, most of the time	6	–	10	–
Yes, all of the time	10	–	8	–

*Question ES A.72-74, 76, 77: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.3*****Cyberbullying, Past 30 days***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	78	–	79	–
Yes, some of the time	18	–	13	–
Yes, most of the time	4	–	6	–
Yes, all of the time	0	–	2	–

*Question ES A.71: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.4*****Been Teased About Body Image***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No	54	–	63	–
Yes	46	–	37	–

*Question ES A.81, 82: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.5*****Weapons (Gun or Knife) on School Property, Past Year (In-School Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Brought a gun or knife to school</b>				
No	98	–	100	–
Yes	2	–	0	–
<b>Saw another kid with a gun or knife at school</b>				
No	82	–	90	–
Yes	18	–	10	–

*Question ES A.75, 78: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.6**  
**Anti-Bullying Climate Scale Questions**

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Anti-bullying climate</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	85	–	65	–
<b>Teachers and other grown-ups make it clear that bullying is not allowed.</b>				
No, never	4	–	7	–
Yes, some of the time	0	–	17	–
Yes, most of the time	4	–	15	–
Yes, all of the time	92	–	61	–
<b>If you tell a teacher that you’ve been bullied, the teacher will do something to help.</b>				
No, never	0	–	4	–
Yes, some of the time	4	–	20	–
Yes, most of the time	23	–	26	–
Yes, all of the time	73	–	50	–
<b>Students at/from your school try to stop bullying when they see it happening.</b>				
No, never	8	–	24	–
Yes, some of the time	31	–	31	–
Yes, most of the time	35	–	24	–
Yes, all of the time	27	–	20	–

*Question ES A.58-61: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you’ve been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

## 10. Home Supports and Involvement in Schooling

**Table A10.1**

***High Expectations-Adults at Home Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>High expectations-adults at home</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	92	—	82	—
<b><i>Does a parent or some other grown-up at home... believe that you can do a good job?</i></b>				
No, never	2	—	0	—
Yes, some of the time	6	—	24	—
Yes, most of the time	23	—	20	—
Yes, all of the time	69	—	57	—
<b><i>want you to do your best?</i></b>				
No, never	2	—	0	—
Yes, some of the time	6	—	12	—
Yes, most of the time	13	—	16	—
Yes, all of the time	79	—	73	—

*Question ES A.95, 96: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.2*****Parent Involvement in Schooling Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Parent involvement in schooling</b>				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	68	—	66	—
<b><i>Does a parent or some other grown-up at home... care about your schoolwork?</i></b>				
No, never	6	—	6	—
Yes, some of the time	8	—	14	—
Yes, most of the time	15	—	20	—
Yes, all of the time	71	—	61	—
<b><i>ask if you did your homework/schoolwork?</i></b>				
No, never	13	—	8	—
Yes, some of the time	10	—	10	—
Yes, most of the time	10	—	18	—
Yes, all of the time	67	—	65	—
<b><i>check your homework/schoolwork?</i></b>				
No, never	21	—	36	—
Yes, some of the time	21	—	18	—
Yes, most of the time	15	—	20	—
Yes, all of the time	43	—	26	—
<b><i>ask you about school?</i></b>				
No, never	4	—	12	—
Yes, some of the time	15	—	18	—
Yes, most of the time	23	—	24	—
Yes, all of the time	58	—	47	—
<b><i>ask you about your grades?</i></b>				
No, never	40	—	18	—
Yes, some of the time	21	—	31	—
Yes, most of the time	15	—	14	—
Yes, all of the time	25	—	37	—

*Question ES A.94, 97-102: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades?*

*Note: Cells are empty if there are less than 10 respondents.*

## 11. Alcohol and Other Drug (AOD) Use

**Table A11.1**

*Use of Alcohol or Other Drugs, Lifetime*

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Alcohol, one or two sips		–	16	–
Alcohol, a full glass		–	0	–
Inhalants (to get high)		–	4	–
Marijuana (smoke, vape, eat, or drink)		–	4	–
<i>None of the above</i>		–	80	–
<i>Any of the above</i>		–	20	–

*Question ES A.87-89: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get “high”?... Have you ever used any marijuana (smoke, vape, eat, or drink)?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A11.2**

*Perception of Health Risk of Alcohol and Marijuana Use*

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Alcohol</b>				
No, not bad		–	4	–
Yes, a little bad		–	35	–
Yes, very bad		–	61	–
<b>Marijuana (smoke, vape, eat, or drink)</b>				
No, not bad		–	2	–
Yes, a little bad		–	10	–
Yes, very bad		–	51	–
I don’t know what marijuana is		–	37	–

*Question ES A.92, 93: Do you think drinking alcohol (beer, wine, liquor) is bad for a person’s health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person’s health?*

*Note: Cells are empty if there are less than 10 respondents.*

## 12. Tobacco Use and Vaping

**Table A12.1**

***Cigarette Use and Vaping, Lifetime***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Ever smoked a cigarette		—	4	—
Part of a cigarette, like one or two puffs		—	4	—
A whole cigarette		—	0	—
Ever vaped		—	4	—

*Question ES A.85, 86: Have you ever smoked a cigarette?... Have you ever vaped?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A12.2**

***Perception of Health Risk of Cigarette Use and Vaping***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Do you think smoking cigarettes is bad for a person's health?</b>				
No, not bad		—	2	—
Yes, a little bad		—	10	—
Yes, very bad		—	88	—
<b>Do you think vaping is bad for a person's health?</b>				
No, not bad		—	4	—
Yes, a little bad		—	16	—
Yes, very bad		—	80	—

*Question ES A.90, 91: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?*

*Note: Cells are empty if there are less than 10 respondents.*

## 13. Other Physical and Mental Health Risks

**Table A13.1**

***Frequent Sadness***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	44	–	29	–
Yes, some of the time	40	–	44	–
Yes, most of the time	17	–	23	–
Yes, all of the time	0	–	4	–

*Question ES A.84: Do you feel sad?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A13.2**

***Wellness***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Do you feel good and happy?</b>				
No, never	0	–	8	–
Yes, some of the time	17	–	38	–
Yes, most of the time	42	–	25	–
Yes, all of the time	42	–	29	–

*Question ES A.83: Do you feel good and happy?*

*Note: Cells are empty if there are less than 10 respondents.*

## 14. Race/Ethnic Breakdowns

**Table A14.1**

***School Engagement and Supports by Race/Ethnicity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>School Connectedness<sup>†#</sup> (<i>In-School Only</i>)</b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	80	—	56	—
Native Hawaiian or Pacific Islander		—		—
White	77	—		—
Mixed (two or more) ethnics		—		—
Something else	65	—		—
<b>School Connectedness<sup>†ψ</sup> (<i>Remote Only</i>)</b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx		—		—
Native Hawaiian or Pacific Islander		—		—
White		—		—
Mixed (two or more) ethnics		—		—
Something else		—		—
<b>Academic motivation<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	89	—	74	—
Native Hawaiian or Pacific Islander		—		—
White	92	—		—
Mixed (two or more) ethnics		—		—
Something else	85	—		—

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

<sup>#</sup>*The scale was based on five survey questions for in-school respondents.*

<sup>ψ</sup>*The scale was based on four questions for remote respondents.*

**Table A14.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>School boredom<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	55	—	53	—
Native Hawaiian or Pacific Islander		—		—
White	46	—		—
Mixed (two or more) ethnics		—		—
Something else	20	—		—
<b>Caring adults in school<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	76	—	51	—
Native Hawaiian or Pacific Islander		—		—
White	67	—		—
Mixed (two or more) ethnics		—		—
Something else	60	—		—
<b>High expectations-adults in school<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	82	—	74	—
Native Hawaiian or Pacific Islander		—		—
White	91	—		—
Mixed (two or more) ethnics		—		—
Something else	77	—		—

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

**Table A14.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Meaningful participation<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	48	—	37	—
Native Hawaiian or Pacific Islander		—		—
White	37	—		—
Mixed (two or more) ethnics		—		—
Something else	44	—		—
<b>Facilities upkeep<sup>†</sup> (<i>In-School Only</i>)</b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	74	—	77	—
Native Hawaiian or Pacific Islander		—		—
White	74	—		—
Mixed (two or more) ethnics		—		—
Something else	55	—		—
<b>Parent involvement in schooling<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	76	—	63	—
Native Hawaiian or Pacific Islander		—		—
White	80	—		—
Mixed (two or more) ethnics		—		—
Something else	50	—		—

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

**Table A14.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Social and emotional learning supports<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	82	—	68	—
Native Hawaiian or Pacific Islander		—		—
White	78	—		—
Mixed (two or more) ethnics		—		—
Something else	80	—		—
<b>Anti-bullying climate<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	87	—	61	—
Native Hawaiian or Pacific Islander		—		—
White	77	—		—
Mixed (two or more) ethnics		—		—
Something else	87	—		—

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

**Table A14.2*****School Safety by Race/Ethnicity (In-School Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Feel safe at school<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	80	—	56	—
Native Hawaiian or Pacific Islander		—		—
White	73	—		—
Mixed (two or more) ethnics		—		—
Something else	70	—		—
<b>Feel safe on way to and from school<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	84	—	72	—
Native Hawaiian or Pacific Islander		—		—
White	91	—		—
Mixed (two or more) ethnics		—		—
Something else	90	—		—
<b>Been hit or pushed</b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	42	—	47	—
Native Hawaiian or Pacific Islander		—		—
White	17	—		—
Mixed (two or more) ethnics		—		—
Something else	60	—		—

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

**Table A14.2**  
**School Safety by Race/Ethnicity – Continued**

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Mean rumors spread about you</b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	45	—	27	—
Native Hawaiian or Pacific Islander		—		—
White	42	—		—
Mixed (two or more) ethnics		—		—
Something else	60	—		—
<b>Called bad names or target of mean jokes</b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	58	—	34	—
Native Hawaiian or Pacific Islander		—		—
White	18	—		—
Mixed (two or more) ethnics		—		—
Something else	70	—		—
<b>Saw a weapon at school<sup>§</sup> (<i>In-School Only</i>)</b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	21	—	3	—
Native Hawaiian or Pacific Islander		—		—
White	0	—		—
Mixed (two or more) ethnics		—		—
Something else	30	—		—

Notes: Cells are empty if there are less than 10 respondents.

<sup>§</sup>Past year.

**Table A14.3**  
**Cyberbullying by Race/Ethnicity**

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Cyberbullying<sup>¶</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	32	—	21	—
Native Hawaiian or Pacific Islander		—		—
White	8	—		—
Mixed (two or more) ethnics		—		—
Something else	30	—		—

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>¶</sup>Past 30 days.*

**Table A14.4**  
***School Disciplinary Environment by Race/Ethnicity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Rule clarity<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	81	—	71	—
Native Hawaiian or Pacific Islander		—		—
White	83	—		—
Mixed (two or more) ethnics		—		—
Something else	70	—		—
<b>Students well behaved<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	35	—	50	—
Native Hawaiian or Pacific Islander		—		—
White	33	—		—
Mixed (two or more) ethnics		—		—
Something else	20	—		—
<b>Students treated fairly when break rules<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	42	—	52	—
Native Hawaiian or Pacific Islander		—		—
White	61	—		—
Mixed (two or more) ethnics		—		—
Something else	10	—		—

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

**Table A14.4*****School Disciplinary Environment by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Students treated with respect<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	85	—	68	—
Native Hawaiian or Pacific Islander		—		—
White	83	—		—
Mixed (two or more) ethnics		—		—
Something else	80	—		—

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

**Table A14.5*****Substance Use by Race/Ethnicity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Alcohol or drug use<sup>φ</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx		—	19	—
Native Hawaiian or Pacific Islander		—		—
White		—		—
Mixed (two or more) ethnics		—		—
Something else		—		—
<b>Marijuana use<sup>φ</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx		—	6	—
Native Hawaiian or Pacific Islander		—		—
White		—		—
Mixed (two or more) ethnics		—		—
Something else		—		—
<b>Cigarette use<sup>φ</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx		—	3	—
Native Hawaiian or Pacific Islander		—		—
White		—		—
Mixed (two or more) ethnics		—		—
Something else		—		—

Notes: Cells are empty if there are less than 10 respondents.

<sup>φ</sup>Lifetime.

**Table A14.5*****Substance Use by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Vaping<sup>φ</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx		—	3	—
Native Hawaiian or Pacific Islander		—		—
White		—		—
Mixed (two or more) ethnics		—		—
Something else		—		—

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>φ</sup>Lifetime.*

**Table A14.6*****Routines by Race/Ethnicity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Eating of breakfast<sup> </sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	64	—	54	—
Native Hawaiian or Pacific Islander		—		—
White	92	—		—
Mixed (two or more) ethnics		—		—
Something else	91	—		—
<b>Late bedtime (at 10 pm or later)</b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	21	—	24	—
Native Hawaiian or Pacific Islander		—		—
White	18	—		—
Mixed (two or more) ethnics		—		—
Something else	36	—		—

Notes: Cells are empty if there are less than 10 respondents.

<sup>|</sup>This morning.

**Table A14.7*****Learning from Home by Race/Ethnicity (Remote Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Weekdays worked on schoolwork (5 days)<sup>¶</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx		—		—
Native Hawaiian or Pacific Islander		—		—
White		—		—
Mixed (two or more) ethnics		—		—
Something else		—		—
<b>Synchronous instruction (4 days or more)<sup>¶</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx		—		—
Native Hawaiian or Pacific Islander		—		—
White		—		—
Mixed (two or more) ethnics		—		—
Something else		—		—
<b>Meaningful opportunities<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx		—		—
Native Hawaiian or Pacific Islander		—		—
White		—		—
Mixed (two or more) ethnics		—		—
Something else		—		—

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup> Past 7 days.

<sup>¶</sup> Past 30 days.

**Table A14.8*****Mental Health by Race/Ethnicity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Frequent sadness<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	11	—	28	—
Native Hawaiian or Pacific Islander		—		—
White	30	—		—
Mixed (two or more) ethnics		—		—
Something else	0	—		—
<b>Wellness<sup>†</sup></b>				
American Indian or Alaska Native		—		—
Asian or Asian American		—		—
Black or African American		—		—
Hispanic or Latinx	89	—	47	—
Native Hawaiian or Pacific Islander		—		—
White	90	—		—
Mixed (two or more) ethnics		—		—
Something else	70	—		—

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

## 15. Gender Breakdowns

**Table A15.1**

**Key Indicators of School Climate and Substance Use by Gender**

	Grade 3		Grade 4		Grade 5		Grade 6	
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
<b>School Engagement and Supports</b>								
School connectedness <sup>†#</sup> <i>(In-School Only)</i>	79	70	—	—	52	55	—	—
School connectedness <sup>†ψ</sup> <i>(Remote Only)</i>			—	—			—	—
Academic motivation <sup>†</sup>	89	84	—	—	68	79	—	—
School boredom <sup>†</sup>	46	50	—	—	60	43	—	—
Caring adults in school <sup>†</sup>	76	59	—	—	49	64	—	—
High expectations-adults in school <sup>†</sup>	87	78	—	—	79	74	—	—
Meaningful participation at school <sup>†</sup>	48	36	—	—	31	39	—	—
Facilities upkeep <sup>†Φ</sup>	70	66	—	—	77	72	—	—
Parent involvement in schooling <sup>†</sup>	73	64	—	—	68	63	—	—
Social and emotional learning supports <sup>†</sup>	83	73	—	—	68	72	—	—
Anti-bullying climate <sup>†</sup>	83	86	—	—	59	72	—	—

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

<sup>#</sup>The scale was based on five survey questions for in-school respondents.

<sup>ψ</sup>The scale was based on four questions for remote respondents.

<sup>Φ</sup>In-school only.

**Table A15.1**

***Key Indicators of School Climate and Substance Use by Gender – Continued***

	Grade 3		Grade 4		Grade 5		Grade 6	
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
<b>School Safety and Cyberbullying</b>								
Feel safe at school <sup>†Φ</sup>	75	69	–	–	45	77	–	–
Feel safe on way to and from school <sup>†Φ</sup>	88	80	–	–	59	82	–	–
Been hit or pushed <sup>Φ</sup>	38	50	–	–	48	32	–	–
Mean rumors spread about you	50	48	–	–	40	14	–	–
Called bad names or target of mean jokes	46	56	–	–	48	18	–	–
Saw a weapon at school <sup>§Φ</sup>	17	20	–	–	11	9	–	–
Cyberbullying <sup>¶</sup>	17	27	–	–	30	5	–	–
<b>School Disciplinary Environment</b>								
Rule clarity <sup>†</sup>	83	71	–	–	70	68	–	–
Students well behaved <sup>†</sup>	33	26	–	–	37	55	–	–
Students treated fairly when break rules <sup>†</sup>	50	41	–	–	59	59	–	–
Students treated with respect <sup>†</sup>	93	74	–	–	67	73	–	–
<b>Substance Use</b>								
Alcohol or drug use <sup>φ</sup>			–	–	28	10	–	–
Marijuana use <sup>φ</sup>			–	–	7	0	–	–
Cigarette use <sup>φ</sup>			–	–	7	0	–	–
Vaping <sup>φ</sup>			–	–	7	0	–	–

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>Φ</sup>*In-school only.*

<sup>†</sup>*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

<sup>§</sup>*Past year.*

<sup>¶</sup>*Past 30 days.*

<sup>φ</sup>*Lifetime.*

**Table A15.2**

***Key Indicators of Routines, Remote Learning, and Mental Health by Gender***

	Grade 3		Grade 4		Grade 5		Grade 6	
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
<b>Routines</b>								
Eating of breakfast <sup> </sup>	77	79	—	—	53	68	—	—
Late bedtime (after 10 pm)	24	23	—	—	29	23	—	—
<b>Learning from Home</b>								
Weekdays worked on schoolwork (5 days) <sup>¶</sup> <sup>δ</sup>			—	—			—	—
Synchronous instruction (4 days or more) <sup>¶</sup> <sup>δ</sup>			—	—			—	—
Meaningful opportunities <sup>†</sup> <sup>δ</sup>			—	—			—	—
<b>Mental Health</b>								
Frequent sadness <sup>†</sup>	8	25	—	—	34	18	—	—
Wellness <sup>†</sup>	92	75	—	—	41	68	—	—

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>|</sup>*This morning.*

<sup>¶</sup>*Past 30 days.*

<sup>δ</sup>*Remote only.*

<sup>¶</sup>*Past 7 days.*

<sup>†</sup>*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

# District Afterschool Module

## 1. Module Sample

**Table B1.1**

*Student Sample for District Afterschool Module*

	Grade 3	Grade 4	Grade 5	Grade 6
<i><b>Student Sample Size</b></i>				
Target sample	109	–	114	–
Final number	48	–	49	–
<b>Response Rate</b>	44%	–	43%	–

## 2. Afterschool Activity

**Table B2.1**

***Where Do You Go After School***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Your home, or another home, with an adult there	35	–	57	–
Your home, or another home, without an adult there	13	–	4	–
A park or recreation program	0	–	0	–
A community or church group	0	–	2	–
Stay at school for an afterschool program	31	–	27	–
Stay at school for tutoring or a special class	4	–	2	–
Some other place	17	–	8	–

*Question ES B.1: Where do you usually go right after school is over? (Mark Only ONE Answer.)*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B2.2**

***What Do You Usually Do After School***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Do your schoolwork or get help with it	62	–	67	–
Take private classes or lessons such as art, music, or dance	4	–	8	–
Play or practice a sport	26	–	29	–
Hang out with friends	21	–	33	–
Watch TV or play video games	49	–	47	–
Do religious activities or get religious instruction	11	–	6	–
Other	28	–	29	–

*Question ES B.2: What do you usually do after school is over? (Mark All That You Do For About One Hour Or More.)*

*Notes: Cells are empty if there are less than 10 respondents. Total percentages may exceed 100% for “mark all that apply” items.*

### 3. Afterschool Program

**Table B3.1**

***About the Afterschool Program***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
My school doesn't have an afterschool program.	6	—	2	—
I don't know much about the afterschool program.	36	—	23	—
The afterschool program doesn't interest me.	17	—	33	—
It is a safe place to be after school.	32	—	35	—
It helps you with schoolwork.	47	—	60	—
The students really like it.	34	—	42	—
I would like to go to it.	28	—	23	—

*Question ES B.3: If your school has an afterschool program, please mark whether you agree with each of the following statements. (Mark All That Are True For You.)*

*Notes: Cells are empty if there are less than 10 respondents. Total percentages may exceed 100% for "mark all that apply" items.*

**Table B3.2**

***How Many Days Do You Attend the Afterschool Program***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
0 days	31	—	46	—
0 days, but I would like to go	25	—	19	—
1 day	0	—	0	—
2 days	0	—	0	—
3 days	0	—	2	—
4 days	0	—	6	—
5 days	44	—	27	—

*Question ES B.4: In a normal school week, how many days do you usually go to your school's afterschool program in the afternoon?*

*Note: Cells are empty if there are less than 10 respondents.*

# Mental Health Supports Module

## 1. Module Sample

**Table D1.1**

*Student Sample for Mental Health Supports Module*

	Grade 3	Grade 4	Grade 5	Grade 6
<i><b>Student Sample Size</b></i>				
Target sample	109	–	114	–
Final number	48	–	51	–
<b>Response Rate</b>	44%	–	45%	–

## 2. Perceptions of Depression

**Table D2.1**

*Feeling Stressed or Lonely, Past Month*

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>In the past month, how often did you feel very stressed?</b>				
Never	19	–	18	–
Sometimes	58	–	51	–
Most of the time	15	–	20	–
All of the time	8	–	12	–
<b>In the past month, how often did you feel very lonely?</b>				
Never	40	–	45	–
Sometimes	48	–	31	–
Most of the time	8	–	12	–
All of the time	4	–	12	–

*Question ES D.1, 2: In the past month, how often did you feel very stressed?... In the past month, how often did you feel very lonely?*

*Note: Cells are empty if there are less than 10 respondents.*

### 3. Supports and Perceptions about Depression Help

**Table D3.1**

***Knowledge of Supports for Depression***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No	38	–	31	–
Yes	63	–	69	–

*Question ES D.3: Do you know who to get help from at school when you feel very sad, stressed, lonely, or depressed?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table D3.2**

***Personal Help-Seeking Attitudes***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>If you felt very sad, stressed, lonely, or depressed, would you... (Mark All That Apply.)</b>				
Talk to a teacher or another adult from your school	56	–	41	–
Talk to your parents or someone in your family	48	–	47	–
Get help from a counselor or therapist	23	–	35	–
Talk to your friends	73	–	61	–
Be afraid to get help	10	–	24	–
Not know what to do	17	–	45	–

*Question ES D.8: If you felt very sad, stressed, lonely, or depressed, would you... (Mark All That Apply.)... Talk to a teacher or another adult from your school?... Talk to your parents or someone in your family?... Get help from a counselor or therapist?... Talk to your friends?... Be afraid to get help?... Not know what to do?*

*Notes: Cells are empty if there are less than 10 respondents.*

*Total percentages may exceed 100% for “mark all that apply” items.*

**Table D3.3*****Positive Perceptions about Seeking Help for Depression***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b><i>If you felt very sad, stressed, lonely, or depressed,...</i></b>				
<b>could talking to an adult help you feel better?</b>				
No	21	—	27	—
Yes	64	—	47	—
I don't know	15	—	25	—
<b>would kids at your school be nice to you?</b>				
No	9	—	16	—
Yes	36	—	47	—
I don't know	55	—	37	—

*Question ES D.6, 7: If you felt very sad, stressed, lonely, or depressed, could talking to an adult help you feel better?... If you felt very sad, stressed, lonely, or depressed, would kids at your school be nice to you?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table D3.4*****Attitudes Toward Seeking Help for Depression Among Peers***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b><i>If someone your age felt very sad, stressed, lonely, or</i></b>				
<b><i>depressed,...</i></b>				
<b>could talking to an adult help them feel better?</b>				
No	6	—	12	—
Yes	46	—	37	—
I don't know	48	—	51	—
<b>would kids at your school be nice to them?</b>				
No	4	—	8	—
Yes	58	—	53	—
I don't know	38	—	39	—

*Question ES D.4, 5: If someone your age felt very sad, stressed, lonely, or depressed, could talking to an adult help them feel better?... If someone your age felt very sad, stressed, lonely, or depressed, would kids at your school be nice to them?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Professional Help-Seeking for Depression

**Table D4.1**

*Seeking Professional Help for Depression, Past Year*

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b><i>In the past year,...</i></b>				
<b>did you want to talk to a counselor or therapist about your feelings?</b>				
No	58	—	59	—
Yes	13	—	29	—
I don't know	29	—	12	—
<b>did you get help from a counselor or therapist when you needed it?</b>				
No, because I didn't need help	70	—	61	—
No, I didn't get help when I needed it	13	—	25	—
Yes, I got help when I needed it	17	—	14	—
<b>where did you get help from a counselor or therapist? (Mark All That Apply.)</b>				
Nowhere	55	—	59	—
At school	17	—	14	—
From a counselor or therapist not from my school	15	—	8	—
Somewhere else	15	—	8	—
I don't know	26	—	22	—

*Question ES D.9-11: In the past year, did you want to talk to a counselor or therapist about your feelings?... In the past year, did you get help from a counselor or therapist when you needed it?... In the past year, where did you get help from a counselor or therapist? (Mark All That Apply.)... Nowhere... At school (in person, by phone, or online)... From a counselor or therapist not from my school (in person, by phone, or online)... Somewhere else... I don't know.*

*Notes: Cells are empty if there are less than 10 respondents.*

*Total percentages may exceed 100% for "mark all that apply" items.*

**Table D4.2*****School Referral to a Counselor or an Adult Professional***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No	71	–	78	–
Yes	10	–	12	–
I don't know	19	–	10	–

*Question ES D.12: In the past year, did an adult at school refer or connect you to a counselor or therapist outside of school to talk about your feelings?*

*Note: Cells are empty if there are less than 10 respondents.*

# Supplemental Health Module

## 1. Module Sample

**Table G1.1**

***Student Sample for Supplemental Health Module***

	Grade 3	Grade 4	Grade 5	Grade 6
<b><i>Student Sample Size</i></b>				
Target sample	109	–	114	–
Final number	48	–	48	–
<b>Response Rate</b>	44%	–	42%	–

## 2. Physical Activity and Weight

**Table G2.1**

***Frequency of Weekly Physical Activity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
0 days	10	–	8	–
1 day	4	–	0	–
2 days	23	–	13	–
3 days	10	–	17	–
4 days	6	–	13	–
5 days	8	–	25	–
6 or 7 days	38	–	25	–

*Question ES G.3: How many days each week do you exercise, dance, or play sports?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table G2.2**

***Hours Spent on TV or Video Games, Past 24 Hours***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
None, I didn't watch TV yesterday	17	–	13	–
Less than 1 hour	21	–	26	–
About 1 hour	17	–	28	–
About 2 hours	19	–	15	–
3 or more hours	27	–	19	–

*Question ES G.6: Yesterday, how much time did you spend watching TV or playing video games?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table G2.3*****Perception of Weight***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Too skinny	15	–	4	–
About right	71	–	64	–
Too fat	15	–	32	–

*Question ES G.1: Do you think you are too skinny, about right, or too fat?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table G2.4*****Attempt to Lose Weight***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No	52	–	35	–
Yes	48	–	65	–

*Question ES G.2: Are you doing anything to try to lose weight?*

*Note: Cells are empty if there are less than 10 respondents.*

### 3. Injury-Related Behavior

**Table G3.1**

***Seat Belt Use***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	9	—	2	—
Yes, some of the time	5	—	9	—
Yes, most of the time	18	—	23	—
Yes, all of the time	68	—	66	—

*Question ES G.7: When you ride in a car, do you wear a seat belt?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table G3.2**

***Bike Helmet Use***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	41	—	32	—
Yes, some of the time	5	—	13	—
Yes, most of the time	2	—	11	—
Yes, all of the time	41	—	13	—
I do not ride a bicycle	11	—	32	—

*Question ES G.8: When you ride a bicycle, do you wear a helmet?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Asthma Symptoms

**Table G4.1**

***Students with Asthma***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No	90	—	87	—
Yes	10	—	13	—

*Question ES G.5: Has a parent or some other adult ever told you that you have asthma?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table G4.2**

***Experience of Having Trouble Breathing***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No	75	—	83	—
Yes	25	—	17	—

*Question ES G.4: When not exercising, do you ever have trouble breathing (for example, shortness of breath, wheezing, or a sense of tightness in your chest)?*

*Note: Cells are empty if there are less than 10 respondents.*

## 5. Other Health Risks

**Table G5.1**

***Cyber Bullying***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	80	—	81	—
Yes, some of the time	11	—	11	—
Yes, most of the time	7	—	4	—
Yes, all of the time	2	—	4	—

*Question ES G.9: Do other kids at school spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table G5.2**

***Perception of Safety Outside of School***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	11	—	9	—
Yes, some of the time	11	—	19	—
Yes, most of the time	18	—	34	—
Yes, all of the time	59	—	38	—

*Question ES G.10: Do you feel safe outside of school?*

*Note: Cells are empty if there are less than 10 respondents.*

# Tobacco-Use Prevention Education Module

## 1. Module Sample

**Table H1.1**

***Student Sample for Tobacco-Use Prevention Education Module***

	Grade 3	Grade 4	Grade 5	Grade 6
<b><i>Student Sample Size</i></b>				
Target sample	109	–	114	–
Final number	0	–	51	–
<b>Response Rate</b>	0%	–	45%	–

## 2. Tobacco Use and Vaping

**Table H2.1**

*Use of Cigarettes and Vape Products, Past 30 Days*

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b><i>In the last 30 days, have you...</i></b>				
<b>smoked a cigarette?</b>				
No		–	98	–
Yes		–	2	–
<b>vaped?</b>				
No		–	98	–
Yes		–	2	–

*Question ES H.1, 2: Have you smoked a cigarette in the last 30 days?... Have you vaped in the last 30 days?*

*Note: Cells are empty if there are less than 10 respondents.*

### 3. Peer Smoking/Vaping Behavior and Attitudes

**Table H3.1**

***Peer Smoking and Vaping Behavior***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Do any of your friends smoke cigarettes?</b>				
No		—		—
Yes		—		—
<b>Do any of your friends vape?</b>				
No		—	98	—
Yes		—	2	—
<b><i>In the last 30 days, have you seen any students...</i></b>				
<b>smoke cigarettes at school? (<i>In-School Only</i>)</b>				
No		—	100	—
Yes		—	0	—
<b>vape at school? (<i>In-School Only</i>)</b>				
No		—	96	—
Yes		—	4	—

*Question ES H.5-8: Do any of your friends smoke cigarettes?... Do any of your friends vape?... In the last 30 days, have you seen any students smoke cigarettes at school?... In the last 30 days, have you seen any students vape at school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table H3.2*****Peer Disapproval of Tobacco Use and Vaping***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b><i>How wrong would your close friends feel it would be if you...</i></b>				
<b>smoked cigarettes?</b>				
Very wrong		–	82	–
Wrong		–	10	–
A little wrong		–	8	–
Not at all wrong		–	0	–
<b>vaped?</b>				
Very wrong		–	80	–
Wrong		–	14	–
A little wrong		–	6	–
Not at all wrong		–	0	–

*Question ES H.9, 10: How wrong would your close friends feel it would be if you smoked cigarettes?... How wrong would your close friends feel it would be if you vaped?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Household Smoking and Vaping Rules

**Table H4.1**

***Rules About Cigarette Smoking and Vaping in the Home***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b>Is smoking cigarettes allowed inside your home?</b>				
No		–	80	–
Yes		–	6	–
Don't know		–	14	–
<b>Is vaping allowed inside your home?</b>				
No		–	82	–
Yes		–	12	–
Don't know		–	6	–

*Question ES H.3, 4: Is smoking cigarettes allowed inside your home?... Is vaping allowed inside your home?*

*Note: Cells are empty if there are less than 10 respondents.*

## 5. Perceived Accessibility and Intention to Use

**Table H5.1**

***Perceived Difficulty of Obtaining Cigarettes and Vape Products***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b><i>How easy or difficult would it be if you wanted to...</i></b>				
<b>get a cigarette?</b>				
Very easy		–	10	–
Fairly easy		–	4	–
Fairly difficult		–	8	–
Very difficult		–	78	–
<b>get a vape?</b>				
Very easy		–	10	–
Fairly easy		–	2	–
Fairly difficult		–	12	–
Very difficult		–	76	–

*Question ES H.13, 14: If you wanted to get a cigarette, how easy or difficult would it be?... If you wanted to get a vape, how easy or difficult would it be?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table H5.2*****Intentions to Smoke and Vape***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b><i>Do you think you will...</i></b>				
<b>smoke a cigarette at any time during the next year?</b>				
Definitely not		–	86	–
Probably not		–	10	–
Probably yes		–	2	–
Definitely yes		–	2	–
<b>vape at any time during the next year?</b>				
Definitely not		–	82	–
Probably not		–	16	–
Probably yes		–	2	–
Definitely yes		–	0	–

*Question ES H.11, 12: Do you think you will smoke a cigarette at any time during the next year?... Do you think you will vape at any time during the next year?*

*Note: Cells are empty if there are less than 10 respondents.*

## 6. Tobacco-Use Prevention Education Activities

**Table H6.1**

***Dangers of Smoking and Vaping Discussed***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<b><i>In the last 12 months, did any of your classes or school activities talk about...</i></b>				
<b>how smoking cigarettes is bad for a person's health?</b>				
No		—	14	—
Yes		—	86	—
<b>how vaping is bad for a person's health?</b>				
No		—	20	—
Yes		—	80	—

*Question ES H.15, 16: In the last 12 months, did any of your classes or school activities talk about how smoking cigarettes is bad for a person's health?... In the last 12 months, did any of your classes or school activities talk about how vaping is bad for a person's health?*

*Note: Cells are empty if there are less than 10 respondents.*

# Appendix

## 2021-22 CHKS Elementary Survey Response Rates

Eligible Schools	3rd %	4th %	5th %	6th %
Colusa Alternative Home				
George T. Egling Middle			54	
James M. Burchfield Primary	73			

*Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2021-22 public school and 2020-21 enrollment data files. Directly funded charter schools have been excluded from the list.*