



Student Nutrition

BPS & EMS MENU

December 2022

Offered every day: Low-fat white milk, fat-free chocolate milk & 100% fruit juice

Every day Breakfast Choices:

Menued Item or Poptarts

Every day lunch choices:

Menued Item or Sunbutter Sandwich

Fill your tray with a seasonal rainbow of dark green, red and orange, beans and peas, starchy, and other vegetables as well as an array of fresh and canned fruits offered daily!

Free meals for all!

One breakfast and one lunch per student per school day

Meal Prices For Second Meal

Breakfast: TK-12th grade - \$1.75

Lunch: TK-12th Grade - \$2.85

Milk Only - \$0.50

NOTE: Due to food supply shortages, the menu is subject to change without notice. This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Biscuit and sausage gravy	Pillsbury Mini Cinni's & Hashbrown
			Turkey meat and cheese nachos	Pepperoni French Bread Pizza
5	6	7	8	9
Breakfast Wrap	Muffin	Cooks Choice	Sausage & cheese breakfast pizza	Buttermilk Bar
Chicken nugget and scooby crackers	Meaty Spaghetti & a Bread Stick	Mandarin Orange Chicken and 'Fried' Rice	Carnita soft tacos and spanish rice	Taco Pocket
12	13	14	15	16
Cinnamon Crumble	Bagel with cream cheese	Egg & Cheese on English Muffin	Pizza Bagel	Emoji waffle and Hashbrown
Galaxy Pizza	Breaded Chicken Sandwich	Chicken Alfredo & a Bread Stick	Bean and cheese burrito with spanish rice	Turkey Dinner (mashed potato, corn, gravy) roll
19	20	21	22	23
Breakfast Burrito	Buttermilk Bar	Eggstravaganza and biscuit	French Toast Sticks	Cooks Choice
Chicken tenders and a roll	Cheeseburger and Fries	Chicken quesadilla	Soft Turkey Taco	Tony's Pizza Square and Cookie
26	27	28	29	30

**No School
Winter Break**