



Student Nutrition

BPS & EMS MENU

February 2023

Offered every day: Low-fat white milk, fat-free chocolate milk & 100% fruit juice

Every day Breakfast Choices:

Menued Item or Poptarts

Every day lunch choices:

Menued Item or Sunbutter Sandwich

Salad Bar is Back!
Fill your tray with a seasonal rainbow of dark green, red and orange, beans and peas, starchy, and other vegetables as well as an array of fresh and canned fruits offered daily!

Free meals for all!
One breakfast and one lunch per student per school day

Meal Prices For **Second** Meal
Breakfast: TK-12th grade - \$1.75
(Adults: \$3.75)
Lunch: TK-12th Grade - \$2.85
(Adults: \$4.75)

NOTE: Due to food supply shortages, the menu is subject to change without notice. This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		<i>Eggstravaganza & Biscuit</i>	<i>Blueberry Mini Loaf</i>	<i>Cereal & Cheese Stick</i>
		Mandarin Orange Chicken & Vegetable Rice	Nachos with ground turkey & nacho cheese	Pizza & Green Beans
6	7	8	9	10
<i>Breakfast Scramble Pizza</i>	<i>Buttermilk Bar</i>	<i>Breakfast Burrito</i>	<i>Bagel & Cream Cheese</i>	<i>Eggoji waffle and Hashbrown</i>
Macaroni & Cheese with Broccoli	Cheeseburger and Fries	Enchilada Casserole & Esquites (street corn)	Deli Sandwich & Chips	Pork Soft Taco & Rice
13	14	15	16	17
<i>Muffin</i>	<i>Breakfast Sandwich</i>	<i>Eggstravaganza & Biscuit</i>	<i>Breakfast Scramble Pizza</i>	<i>French Toast and a cheesestick</i>
Chicken Nuggets & a Cracker	Rotini Meaty Mac & Cheese	Mandarin Orange Chicken & Vegetable Rice	Cheeseburger and Fries	Turkey Dinner (mashed potato, popcorn chicken, gravy) roll
20	21	22	23	24
No School				
27	28			
<i>Cooks Choice</i>	<i>Breakfast Scramble Pizza</i>			
Cooks Choice	Nachos with ground turkey & nacho cheese			