



Student Nutrition

BPS & EMS MENU

MAY 2023

Offered every day: Low-fat white milk, fat-free chocolate milk & 100% fruit juice

Every day Breakfast Choices:

Menued Item or Poptarts

Every day lunch choices:

Menued Item or Sunbutter Sandwich

Salad Bar is Back!
Fill your tray with a seasonal rainbow of dark green, red and orange, beans and peas, starchy, and other vegetables as well as an array of fresh and canned fruits offered daily!

Free meals for all!
One breakfast and one lunch per student per school day

Meal Prices For **Second** Meal
Breakfast: TK-8th grade - \$1.75 (Adults: \$3.75)
Lunch: TK-8th Grade - \$2.85 (Adults: \$4.75)

NOTE: Due to food supply shortages, the menu is subject to change without notice. This institution is an equal opportunity provider.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5	
<i>Muffin</i>		<i>Bagel & Cream Cheese</i>		<i>French Toast Sticks</i>		<i>Breakfast Burrito</i>		<i>Cereal & Cheese Stick</i>	
Chicken Nuggets & Crackers		Corn Dog and Fries		Oven Roasted Chicken		Nachos with ground turkey & cheese		Turkey Roast, mashed potato and Roll	
8		9		10		11		12	
<i>Cooks Choice</i>		<i>Eggstravanza & Biscuit</i>		<i>Pancake Sausage Dog</i>		<i>Yogurt & Granola Bar</i>		<i>Breakfast Sandwich</i>	
Chicken Sandwich & Jello Fruit Cups		Pulled Pork Sandwich		Enchilada Casserole & Rice		Deli Sandwich & Chips		Cheese Quesadilla & Rice	
15		16		17		18		19	
<i>Cereal & Cheese Stick</i>		<i>Buttermilk Bar</i>		<i>Breakfast Pizza</i>		<i>Eggoji waffle and Hashbrown</i>		<i>Breakfast Burrito</i>	
Pizza & Green Beans		Cooks Choice		Cheeseburger & Fries		Nachos with ground turkey & cheese		Red Hawk Bowl	
22		23		24		25		26	
<i>Pancake Sausage Stick</i>		<i>Breakfast Pizza</i>		<i>Croissant with Ham & Cheese</i>		<i>Muffin</i>		<i>Bagel & Cream Cheese</i>	
Cooks Choice		Taco Macaroni and Cheese		Cooks Choice		Bean & Cheese Burrito		Pizza	
29	No School	30		31		1	June	2	June
<i>Memorial Day</i>		<i>Cooks Choice</i>		<i>Cooks Choice</i>		<i>Cooks Choice (Minimum Day)</i>		<i>Cooks Choice (Minimum Day & LAST DAY OF SCHOOL)</i>	
		Cooks Choice		Cooks Choice					