



Student Nutrition

# BPS & EMS MENU

November 22-23

Offered every day: Low-fat white milk, fat-free chocolate milk & 100% fruit juice

Every day Breakfast Choices:

Menued Item or Poptarts

Every day lunch choices:

Menued Item or Sunbutter Sandwich

Fill your tray with a seasonal rainbow of dark green, red and orange, beans and peas, starchy, and other vegetables as well as an array of fresh and canned fruits offered daily!

**Free meals for all!**

One breakfast and one lunch per student per school day

Meal Prices For **Second Meal Breakfast:** TK-12th grade - \$1.75 (Adults: \$3.75)

**Lunch:** TK-12th Grade - \$2.85 (Adults: \$4.75)

**NOTE:** Due to food supply shortages, the menu is subject to change without notice. This institution is an equal opportunity provider.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
		<i>Bagel with cream cheese</i>	<i>Strawberry yogurt and granola</i>	<i>Sausage &amp; cheese breakfast pizza</i>	<i>French Toast Sticks &amp; a hashbrown</i>
		Sloppy Joe and fries	Mandarin Orange Chicken and 'Fried' Rice	Carnita Taco and Pico de Gallo	Galaxy Pizza
	7	8	9	10	11
	<i>Cinnamon Crumble</i>	<i>Muffin</i>	<i>Egg &amp; Cheese on English Muffin</i>	<i>Pizza Bagel</i>	<b>No School</b>
	Taco Pocket	Breaded Chicken Sandwich	Spaghetti with meat sauce and a bread stick	Pulled Pork Sandwich with BBQ sauce	<i>Veteran's Day</i>
	14	15	16	17	18
	<i>Pancake Sausage Dog</i>	<i>Buttermilk Bar</i>	<i>Eggstravaganza and biscuit</i>	<i>Breakfast Scramble Pizza</i>	<i>Emoji waffle and Hashbrown</i>
	Chicken tenders and crackers	Cheeseburger and Fries	Quesadilla and pinto beans	Cooks Choice	Turkey Dinner (mashed potato, corn, gravy) roll
	21	22	23	24	25
	<i>Cereal</i>	<i>Chocolate chocolate chip muffin top</i>	<b>No School</b>	<b>No School</b>	<b>No School</b>
	Macaroni and Cheese	Corn Dog and Chips	<i>Thanksgiving Break</i>		
	28	29	30		
	<i>Mini Strawberry Bagel with hashbrown</i>	<i>Donut</i>	<i>Croissant (cheese and sausage patty)</i>		
	Chicken nuggets and crackers	Cheeseburger and chips	Chicken drumstick and roll		