

# SEPTEMBER

## Burchfield Primary and Egling Middle

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b> <b>No School</b></p>  <p><b>Labor Day</b></p>	<p><b>3</b> <b>Cooks Choice</b></p> <p><b>COOKS CHOICE</b></p> <p>Oatmeal Double Choc. Bar &amp; Fruit Juice</p>	<p><b>4</b></p>  <p><b>Biscuit &amp; Pork Sausage Patty</b></p> <p>&gt;<b>GROUND BEEF &amp; CHEESE NACHOS</b>&lt; </p> <p>Blueberry Muffin &amp; Fruit Juice</p>	<p><b>5</b></p> <p><b>French Toast Sticks</b></p> <p>&gt;<b>CHICKEN BROCCOLI ALFREDO &amp; BREADSTICK</b>&lt; </p> <p>Banana &amp; Milk</p>	<p><b>6</b> <b>Omelet, Hash Brown, &amp; Eng. Muffin</b></p> <p><b>BAKED CHICKEN, CORN ON THE COB, &amp; DINNER ROLL</b></p> <p>Cheez-Its &amp; Fruit Juice</p>
<p><b>9</b></p> <p><b>Buttermilk Bar</b></p> <p>&gt;<b>CHICKEN NUGGETS &amp; SPICY FRIES</b>&lt;</p> <p>Rice Krispy &amp; Milk</p>	<p><b>10</b></p> <p><b>Vanilla Yogurt &amp; Fruit Parfait</b> </p> <p><b>SLOPPY JOE</b> </p> <p>Gold Fish &amp; Fruit Juice</p>	<p><b>11</b> <b>Ardella's Breakfast Burrito</b></p> <p>&gt;<b>TAMALE &amp; REFRIED BEANS</b>&lt; </p> <p>Frozen Fruit Cup &amp; String Cheese</p>	<p><b>12</b></p> <p><b>Waffles</b></p> <p><b>CARNITAS TORTA</b></p> <p>Deli Roll Up &amp; Milk</p>	<p><b>13</b> <b>Croissant Ham &amp; Cheese Sandwich</b></p> <p>&gt;<b>PAPA MURPHY'S PIZZA &amp; FRUIT CUP</b>&lt;</p> <p>Chocolate Chip Muffin &amp; Fruit Juice</p>
<p><b>16</b></p> <p><b>Pancake Sausage on a Stick</b></p> <p>&gt;<b>EMPANADA &amp; BROOKEE</b>&lt;</p> <p>Cinnamon Bear Cracker &amp; Milk</p>	<p><b>17</b> <b>Overnight Berry Oats</b> </p> <p>&gt;<b>MANDARIN ORANGE CHICKEN &amp; RICE</b>&lt; </p> <p>Strawberry Banana Yogurt &amp; Granola</p>	<p><b>18</b> <b>Chorizo Burrito</b></p> <p><b>CREAMY CHEESEBURGER PASTA &amp; GARLIC KNOT</b> </p>  <p>Orange Slices &amp; String Cheese</p>	<p><b>19</b> <b>Biscuit &amp; Homemade Gravy</b> </p> <p><b>EMPANADA &amp; SPANISH RICE</b> </p> <p>WG Chocolate Chip Cookie &amp; Milk</p>	<p><b>20</b></p> <p><b>Cooks Choice</b></p> <p><b>RED HAWK BOWL</b> </p> <p>(POPCORN CHICKEN, MASHED POTATO, GRAVY)</p> <p>Pretzels &amp; Fruit Juice</p>
<p><b>23</b></p> <p><b>Fruit Smoothies &amp; Mini Pancakes</b></p> <p><b>BURGER &amp; FRIES</b> </p> <p>Carrots, Ranch &amp; Milk</p>	<p><b>24</b> <b>Breakfast Pizza</b></p> <p>&gt;<b>BEEF BIRRIA TACOS</b>&lt; </p>  <p>Honey Roasted Sunflower Seeds &amp; Fruit Juice</p>	<p><b>25</b></p> <p><b>Peach Crisp &amp; String Cheese</b> </p> <p>&gt;<b>COOKS CHOICE</b>&lt;</p> <p>Pretzels &amp; String Cheese</p>	<p><b>26</b> <b>Cinnamon Rice Chex &amp; String Cheese</b> </p> <p>&gt;<b>MEATY SPAGHETTI &amp; BREADSTICK</b>&lt; </p> <p>Apple Cinnamon Muffin &amp; Milk</p>	<p><b>27</b></p> <p><b>Scrambled Eggs, Hashbrown &amp; Tortilla</b> </p> <p><b>PAPA MURPHY'S PIZZA &amp; SHERBET</b></p> <p>Cheez-Its &amp; Fruit Juice</p>
<p><b>30</b></p> <p><b>Mini Cinnamon &amp; Cream Cheese Bagels</b></p> <p>&gt;<b>CRISPY CHICKEN SANDWICH</b>&lt;</p> <p>Nutrigrain Bar &amp; Milk</p>	<p><b>KEY:</b> <b>Breakfast</b> <b>LUNCH</b></p> <p> Afterschool snack Local Stegall Beef</p> <p> Scratch made in kitchen</p> <p>A variety of fresh, dried, canned, and frozen fruit offered at breakfast &amp; lunch. A variety of fresh &amp; canned vegetables offered at lunch.</p> <div style="display: flex; justify-content: space-around; align-items: center;">  <p><b>All enrolled students eat FREE</b> (one breakfast and one lunch per day)</p> </div> <div style="display: flex; justify-content: space-around; align-items: center;">  <p>Second Breakfast: \$1.75 Second Lunch: \$3.35 Adult Breakfast: \$4.00 Adult Lunch: \$5.75</p> </div> <p style="text-align: center;"><b>Student Nutrition</b></p>			