

SEPTEMBER

Colusa High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 No School</p>  <p>Labor Day</p>	<p>3 Cooks Choice</p> <p>COOKS CHOICE</p> <ul style="list-style-type: none"> >FRENCH BREAD PIZZA< >DELI SANDWICH< 	<p>4 Biscuit & Pork Sausage Patty</p>  <ul style="list-style-type: none"> >GROUND BEEF & CHEESE NACHOS< >MIXED GREEN SALAD< >DELI SANDWICH< 	<p>5 French Toast sticks & Turkey Bacon Slice</p> <ul style="list-style-type: none"> >CHICKEN BROCCOLI ALFREDO & BREADSTICK< >MIXED GREEN SALAD< >CHEESEBURGER< 	<p>6 Omelet, Hash Brown, & Eng. Muffin</p> <ul style="list-style-type: none"> > RED HAWK BOWL & ROLL (POPCORN CHICKEN, MASHED POTATOES, GRAVY) < >MIXED GREEN SALAD< >CHEESEBURGER<
<p>9 Breakfast Tornado</p> <ul style="list-style-type: none"> >CHICKEN NUGGETS & SPICY FRIES < >FRENCH BREAD PIZZA< >DELI SANDWICH< 	<p>10 Overnight Berry Oats</p>  <ul style="list-style-type: none"> >CARNE ASADA TORTA< >FRENCH BREAD PIZZA< >DELI SANDWICH< 	<p>11 Ardella's Breakfast Burrito</p> <ul style="list-style-type: none"> >TAMALE & REFRIED BEANS< >MIXED GREEN SALAD< >DELI SANDWICH< 	<p>12 Fresh Cinnamon Roll & Turkey Bacon</p>  <ul style="list-style-type: none"> >SLOPPY JOE ON TEXAS TOAST< >MIXED GREEN SALAD< >CHEESEBURGER< 	<p>13 Croissant Ham & Cheese Sandwich</p> <ul style="list-style-type: none"> >PAPA MURPHY'S PIZZA & FRUIT CUP< >MIXED GREEN SALAD< >CHEESEBURGER< 
<p>16 Pancake Sausage on a Stick</p> <ul style="list-style-type: none"> >EMPANADA & BROOKEE< >FRENCH BREAD PIZZA< >DELI SANDWICH< 	<p>17 Overnight Berry Oats</p>  <ul style="list-style-type: none"> >MANDARIN ORANGE CHICKEN & RICE< >FRENCH BREAD PIZZA< >DELI SANDWICH< 	<p>18 Chorizo Burrito</p>  <ul style="list-style-type: none"> >PHILLY CHEESE STEAK WITH PEPPERS & ONIONS< >MIXED GREEN SALAD< >DELI SANDWICH< 	<p>19 Biscuit & Homemade Gravy</p> <ul style="list-style-type: none"> >BURRITO< (PORK, CHEESE, RICE, BEANS, SALSA) >MIXED GREEN SALAD< >CHEESEBURGER< 	<p>20 Cooks Choice</p>  <ul style="list-style-type: none"> >BAKED CHICKEN, CORN COB, & A ROLL< >MIXED GREEN SALAD< >CHEESEBURGER< 
<p>23 Pizza Bagel</p>  <ul style="list-style-type: none"> >WESTERN BACON CHEESEBURGER< >FRENCH BREAD PIZZA< >DELI SANDWICH< 	<p>24 Chilaquiles with Eggs</p>  <ul style="list-style-type: none"> >BEEF BIRRIA TACOS< >FRENCH BREAD PIZZA< >DELI SANDWICH< 	<p>25 Biscuit & Pork Sausage Patty</p> <ul style="list-style-type: none"> >COOKS CHOICE< >MIXED GREEN SALAD< >DELI SANDWICH< 	<p>26 Ardella's Chorizo Burrito</p>  <ul style="list-style-type: none"> >MEATY SPAGHETTI & BREADSTICK< >MIXED GREEN SALAD< >CHEESEBURGER< 	<p>27 Scrambled Eggs, Hashbrown & Tortilla</p>  <ul style="list-style-type: none"> PAPA MURPHY'S PIZZA & SHERBET >MIXED GREEN SALAD< >CHEESEBURGER< 

30 **Breakfast Tornado**

- >CRISPY CHICKEN SANDWICH<
- >FRENCH BREAD PIZZA<
- >DELI SANDWICH<

KEY: Breakfast LUNCH

 Afterschool snack

 Local Stegall Beef

 Scratch made in kitchen

Everyday Breakfast Choices:
 Breakfast Pizza, Pillsbury Pastry, Bagel & Cream Cheese, Muffins, Pastries, Cereal & String Cheese.
 Fruit bar selection

EVERYDAY LUNCH CHOICES:
 SPICY CHICKEN SANDWICH & PB&J FRUIT AND VEGETABLE BAR




Student Nutrition

All enrolled students eat FREE
 (one breakfast and one lunch per day)

- Second Breakfast: \$1.75
- Second Lunch: \$3.35
- Adult Breakfast: \$4.00
- Adult Lunch: \$5.75