



Colusa High School

February-March 2023

Lunch Menu

One free lunch per school day per student | Adults \$4.75

Your choice of the daily options below or the everyday lunch options

Mondays

- ▣ Bacon & Breaded Onion Ring Chicken Sandwich with BBQ Sauce

Tuesdays

- ▣ Nachos (tortilla chips with cups of taco meat & nacho cheese)

Wednesdays

- † Carnitas Chili Verde Pork Burrito

Thursdays

Mandarin Orange Chicken & † Fried Rice

Fridays

- ▣ Hawk Bowl (Mashed potatoes, topped with popcorn chicken & gravy) and a dinner roll

Menu subject to change due to supply issues



Everyday lunch options:

† Hand Pressed Cheeseburgers

- † Protein Hawk Box (Available on Wednesday, Thursday, & Friday)
(Hummus, flat bread, salami, pickle spear, cheese stick, grapes, carrots, crackers)

† Grab and Go Salads

Smuckers peanut butter and jelly (grape)

Spicy Whole Muscle Chicken Sandwich

Also available is low-fat milk, fat-free chocolate milk, & 100% fruit juice

Salad bar with an array of vegetables and fruits

Students must take a serving of fruit or vegetable for a complete meal

Snack Bar (Titan account or cash):

Water...\$1.00

Carbonated Drinks...\$2.00

Juice...\$2.50

Donuts/Pop-Tarts...\$1.50

Rice Krispy Treats...\$1.00

2 pack of fresh baked chocolate chip cookies...\$1.00

Chips/popcorn...\$1.00

This institute is an equal opportunity employer.

† = Made in house
▣ = Speed Scratch