



Colusa High School

January 2023

# Lunch Menu

One free lunch per school day per student | Adults \$4.75

Your choice of the daily options below or the everyday lunch options

## Mondays

Bacon Wrapped Hot Dog & Fries

## Tuesdays

Nachos (tortilla chips with cups of taco meat & nacho cheese)

## Wednesdays

Big Daddy Pizza

## Thursdays

Mandarin Orange Chicken & † Fried Rice

## Fridays

▫ Hawk Bowl (Mashed potatoes, topped with popcorn chicken & gravy)

Menu subject to change due to supply issues



## Everyday lunch options:

† Hand Pressed Cheeseburgers

† Protein Hawk Box (Available on Wednesday, Thursday, & Friday)  
(Hardboiled egg, flat bread, deli meat, celery, peanut butter, tangerine, celery, pretzels)

Smuckers peanut butter and jelly (grape)

Spicy Chicken Sandwich

Also available is low-fat milk, fat-free chocolate milk, & 100% fruit juice

## Salad bar with an array of vegetables and fruits

\*Students must take a serving of fruit or vegetable for a complete meal\*

## Snack Bar (Titan account or cash):

Water...\$1.00

Carbonated Drinks...\$2.00

Juice...\$2.50

Donuts/Pop-Tarts...\$1.50

Rice Krispy Treats...\$1.00

2 pack of fresh baked chocolate chip cookies...\$1.00

Chips/popcorn...\$1.00

This institute is an equal opportunity employer.

† = Made in house  
▫ = Speed Scratch