



Colusa High School

May 2023

# Lunch Menu

One free lunch per school day per student | Adults \$4.75

Your choice of the daily options below or the everyday lunch options

- **For the remainder of the year, daily menu options with change.**

**Everyday lunch options (to the right) will remain the same**

Menu subject to change due to supply issues



## Everyday lunch options:

† Hand Pressed Cheeseburgers

† Protein Hawk Box (Available on Wednesday, Thursday, & Friday)  
(Hummus, flat bread, salami, pickle spear, cheese stick, grapes, carrots, crackers)

† Grab and Go Salads

Smuckers peanut butter and jelly (grape)

Spicy Whole Muscle Chicken Sandwich

Also available is low-fat milk, fat-free chocolate milk, & 100% fruit juice

### Salad bar with an array of vegetables and fruits

\*Students must take a serving of fruit or vegetable for a complete meal\*

### Snack Bar (Titan account or cash):

Water...\$1.00

Carbonated Drinks...\$2.00

Juice...\$2.50

Donuts/Pop-Tarts...\$1.50

Rice Krispy Treats...\$1.00

2 pack of fresh baked chocolate chip cookies...\$1.00

Chips/popcorn...\$1.00

This institute is an equal opportunity employer.

† = Made in house  
α = Speed Scratch