



Colusa High School

Nov-Dec 2022

Lunch Menu

One free lunch per school day per student | Adults \$4.75

SECOND LUNCH: \$3.35

Your choice of the daily options below or the everyday lunch options

Mondays

- Steak & Cheese Tornado w/ Spanish Rice (alternating Pizza (alternating))

Tuesdays

- † Spaghetti with a bread stick

Wednesdays

- † Stuffed Gordito Burrito (pork, rice, beans, salsa)

Thursdays

- † Chili with Meat and Corn Bread

Fridays

- Turkey Dinner

† = Made in house
▫ = Speed Scratch

Menu subject to change due to supply issues



Everyday lunch options:

- Cheeseburger

- † Protein Hawk Box (Available on Wednesday, Thursday, & Friday)

(Hardboiled egg, flat bread, deli meat, cucumbers, peanut butter, apple slices, celery, pretzels)

- † Deli Sandwich

Smuckers peanut butter and jelly (grape)

- † Spicy Chicken Sandwich

Also available is low-fat milk, fat-free chocolate milk, & 100% fruit juice

Salad bar with an array of vegetables and fruits

Students must take a serving of fruit or vegetable for a complete meal

Snack Bar (Titan account or cash):

Water...\$1.00

Carbonated Drinks...\$2.00

Juice...\$2.50

Rice Krispy Treats...\$1.00

2 pack of chocolate chip cookies...\$1.00

Chips/popcorn...\$1.00

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