

# AFTER SCHOOL SNACK MENU

## October, November, December 2022

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
17		18		19		20		21	
Cereal & Milk		Cheese Stick & Fruit Cup		Sunchips & Fruit Juice		WG Cookie & Milk		Vanilla Cracker & Fruit Juice	
24		25		26		27		28	
Nutrigrain Bar & Milk		Sunchips & Fruit Juice		Muffins & Fruit Juice		Cereal & Milk		NO SCHOOL	
31		1		2		3		4	
Cereal Bar & Milk		Gold Fish & Fruit Juice		Yogurt & Cracker		Bear Cracker and Milk		Sunchips & Fruit Juice	
7		8		9		10		11	
NO SCHOOL		Cheese Stick & Fruit Cup		Sunchips & Fruit Juice		WG Cookie & Milk		NO SCHOOL	
14		15		16		17		18	
Nutrigrain Bar & Milk		Sunchips & Fruit Juice		Muffin & Fruit Juice		Cereal & Milk		Cheez-its & Fruit Juice	
21		22		23		24		25	
Cereal Bar & Milk		Gold Fish & Orange Fruit Juice		NO SCHOOL		NO SCHOOL		NO SCHOOL	
28		29		30		1		2	
Cereal & Milk		Cheese Stick & Fruit Cup		Sunchips & Fruit Juice		WG Cookie & Milk		Vanilla Cracker & Fruit Juice	
5		6		7		8		9	
Nutrigrain Bar & Milk		Sunchips & Fruit Juice		Muffin & Fruit Juice		Cereal & Milk		Cheez-its & Fruit Juice	
12		13		14		15		16	
Cereal Bar & Milk		Gold Fish & Fruit Juice		Yogurt & Cracker		Bear Cracker and Milk		Sunchips & Fruit Juice	