Boys Council average 180 students During groups, students take part trips that are taken at the end of rewarding for all is the pro-social in many activities but the most Colusa County Girls Circle and (18 groups) that are serviced throughout the school year. the year.

pictures of what the County of These are a few students and Colusa Girls Circle and Boys Council have experienced.

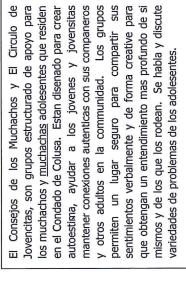












participacion por favor de llamar a Sarah Regnani al Si tienen preguntas sobre los grupos o (530) 701-6475.

Youth who have participated say... "I've noticed I've become a more open "I like that I could trust people here." person."

"I learned how to communicate." "I have become more confident." "I learned more about myself." "I learned to trust people."







Circle & Boys Council Colusa County Girls

Sponsored by COLUSA COUNTY PROBATION Colusa, CA 95932 532 Oak Street





Responsive Programs for Girls & Boys that Empower and Strengths-Based Gender Unite

Phone: 530,458,5871 Fax: 530.458.2895

of 3 group models that have been established by the One Circle The Boys Council and Girls Circle are 2

organization promoting resiliency in children by offering circle program models that create, and youth, families, adults, and communities internationally. consultation to organizations locally and been providing training, materials, and Since 1997, the One Circle Foundation has healthy individual, family, society and world. relationships are the core element to a One Circle Foundation recognizes that healthy restore and sustain healthy relationships. The One Circle Foundation is a 501 © 3

EVIDENCE-BASED PRACTICES

principles and practices, incorporating: interventions are designed in evidenced-based The gender-responsive circle models and

*Cultural Responsivity *Motivational interviewing *Strength-Based approaches *Trauma-Responsive practices

THE MODEL AND SOLUTIONS:

- *Target Resiliency and Protective Factors
- Emotional Regulation *Increase Engagement, Self-awareness and
- *Promote Moral Reasoning, Stimulate Critical
- Relationships *Develop and Strengthen Healthy
- *Leverage Empathy to Solve Bullying

approach" by the office of Juvenile Justice and Delinquency Prevention. To read on the Girls Circle is recognized as a "promising research and outcomes, visit

www.OneCircleFoundation.org/Research.aspx



Boys Council

and increases their options about being a male in support group that promotes boys' natural strengths, today's world. This is a structured, researched based, gender relevant

- *Boys Council Challenges myths about how to be a
- expression to question stereotypical concept. *Engages boys in activities, dialogue, and self-
- by promoting valuable relationships with peers and adult facilitators *Increases boys' emotional, social, and cultural literacy
- about being a male identify the positive and not-so-positive definitions *In a safe action oriented context, boys learn to
- safe, positive strong and diverse identities *Helps boys in learning self-expression, skill building

diversity as boys grow toward manhood thinking skills, pride, unity and a positive regard for Boys Council encourages understanding and critical

Sarah Regnani at (530) 701-6475 hearing more about the program, please call Facilitator, If you would like to refer a teen or are interested in





GITIS CITCLE

developing caring relationships and enhancing selfrespect, self-esteem and self-confidence. This structured, researched based, group that an emotionally safe setting while

*Enhances judgment and critical thinking skills

*Helps girls stay true to themselves and value their

*Assist girls in making wise and healthy choices and

*Broadens definitions of beauty and womanhood

*Maintains authentic connection with peers and

opinions in a safe environment *Gives them opportunity to voice their ideas and

*Teaches girls to respect themselves and others

to encourage girls to share and learn from their ability to make choices that are consistent with their awareness of their options and strengthen their a safe and supportive setting, gain greater experiences. By examining cultural expectations, in The Girls Circle does not aim to provide advice, but values, interests and talents.

hearing more about the program, please call Facilitator, Sarah Regnani at (530) 701-6475. If you would like to refer a teen or are interested in

